



**SDI Review Form 1.6**

Journal Name:	<a href="#">Advances in Research</a>
Manuscript Number:	2014_AIR_13895
Title of the Manuscript:	EFFECTS OF TWO WARM UP PROTOCOL ON VERTICAL JUMP PERFORMANCE IN MINI-VOLLEYBALL PLAYERS
Type of the Article	Original Research Article

**General guideline for Peer Review process:**

This journal's peer review policy states that **NO** manuscript should be rejected only on the basis of '**lack of Novelty**', provided the manuscript is scientifically robust and technically sound.

To know the complete guideline for Peer Review process, reviewers are requested to visit this link:

(<http://www.sciencedomain.org/page.php?id=sdi-general-editorial-policy#Peer-Review-Guideline>)



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**PART 1: Review Comments**

	<b>Reviewer's comment</b>	<b>Author's comment</b> (if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)
<b><u>Compulsory</u></b> REVISION comments	None.	
<b><u>Minor</u></b> REVISION comments	<p>A concise and precise article. Good introduction with a strong background about the sport, the children in sport and the importance of the vertical jump for performance.</p> <p>Methods section could be strengthened, with references, especially in the stretching protocols. I miss references for both, static and dynamic stretching protocols. References should be included to make the protocols reliable for the reader.</p> <p>About the vertical jump test for the evaluation of the performance for volleyball players, is this test the best way to reproduce a jump in the real situation of a game? Ok, this is a good method to test the vertical jump of athletes, but it does not reproduce the dynamics of a spike or a block. For future studies, a specific field test could be considered by authors to better evaluate the responses of a intervention in the jump height for volleyball players.</p> <p>The Sheppard's specific volleyball test it's a good and reliable field test. ( Sheppard, J.M., Gabbett, T., Taylor, K.L., et al. Development of a repeated-effort test for elite men's volleyball).</p> <p>Tables 1 and 2. To ensure the reproducibility of the protocols, the authors could consider (if it is possible) include images of</p>	



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	the movements.  Line 152. Reference is needed in this sentence. Line 154. Reference is needed in this sentence.	
<b><u>Optional/General</u></b> comments	I recommend the acceptance of the article with minor revisions.	

**Reviewer Details:**

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