

Aims: Spider plant (*Cleome gynandra* L.) is one of the most important traditional vegetables in Kenya, albeit underutilized and concurrently scanty information [about](#) ~~on~~ its potential for vegetable and seed production. The objective of this study was therefore to evaluate spider plant germplasm for agronomic traits pertinent to seed and vegetable production

Study design: A complete randomized design (CRD) with three replicates was used.

Place and Duration of Study: Two greenhouse experiments were conducted at Upper Kabete Field Station of the University of Nairobi, Kenya, for a period of 180 days (March-August, 2014).

Methodology: Twenty-five genotypes obtained from the Gene bank of Kenya and farmers' fields were grown in 10 kg pots filled with a mixture of soil and cow manure at ratio of 1:2. Three seeds of each genotype were planted per pot and evaluated for days to seedling emergence, germination percent, leaf [formation accumulation](#), days to flowering, days to pod formation, [number of](#) pods per plant, number of seeds per pod and weight of 100-seeds.

Results: Seedling emergence, leaf accumulation, days to flowering, days to pod formation, [number of](#) pods per plant, number of seeds per pod and 100-seed weight varied significantly ($P=0.05$) between genotypes. Nineteen out of 25 genotypes emerged within 5 to 7 days, time to flowering ranged between 30 days in GBK-045494, and 42 days in GBK-040449, GBK-032229 and GBK-032134. Eight genotypes accumulated between 11 and 13 leaves per plant within six weeks. All the genotypes had a low (<50%) germination percentage.

Conclusion: GBK-040449, GBK-027212, GBK-032210 and GBK-032340 with; 4-7 days to emergence, >11 leaves per plant and ≥ 35 days to flowering are desirable for vegetable production, whereas, GBK-040449, GBK-045494 and SN 1 with ≥ 40 Days to pod formation, 6-9 pods per plant; ≥ 100 seeds per pod and 0.14-0.16g per 100-seeds are [recommended desirable](#) for seed production. GBK 040449 was found to have traits [suitable desirable](#) for both vegetable and seed production.

16 **1. INTRODUCTION**

17 Biodiversity holds an enormous potential of transforming agricultural and industrial systems
18 for economic growth and poverty reduction (1). The unique species of plants and animals as
19 well as ecosystems constitute the natural wealth of African continent (2). Unfortunately, this
20 diversity is underutilized [this paved way for and there is](#) genetic erosion. For sustainable use and conservation
21 of biodiversity, African countries need to harness and apply science and technology
22 (<http://www.nepadst.org/platforms/biodiv.shtml>). Out of thousands of wild and domesticated
23 edible plant species that are documented globally (3, 4), about 150 are traded
24 internationally, while only 15 of them constitute the main sources of human food [energy](#) (5).
25 Given the threats from climate change, diseases and pests, the narrowing range of
26 domesticated species poses a risk to food security (6). Domestication and cultivation of wild
27 edible plants is, therefore, essential in broadening the food base in developing countries.
28 This will lead to diversification, which will ensure intake of micronutrients and a dietary
29 balance (6).

30 Little is known about the extent and structure of genetic variation, and the potential for crop
31 improvement through domestication, selection and/or breeding of most indigenous
32 vegetables, such as spider plant (*Cleome gynandra* L.). A number of factors pose as a
33 hindrance to cultivation and subsequent utilization of spider plant. For instance, its status as
34 a wild and weedy or volunteer crop creates the misconception that the crop is a vegetable
35 for the poor (7). Its relatively low yield is also an impediment to commercial production while
36 its bitter taste adversely affects its palatability, especially among children and the youth. This
37 might have contributed to the general neglect, research wise, by the National Agricultural
38 Research [institutes Systems](#) (6, 7). The few accessions held in the national gene bank of Kenya were
39 collected during expeditions to conserve important species found in the country. However,
40 they have not yet been formally characterized or used in research programs (8).
41 Consequently, its optimum production potential and requirements, adaptation to specific
42 ecological zones and systematic comparison with other leafy vegetables, to establish its
43 comparative advantages remains scanty.

44 Although spider plant accessions have been conserved at the gene bank in Kenya,
45 information that could guide growers and scientists during selection for superior traits in
46 vegetable and seed production is [inadequate lacking](#). The objective of the current study was therefore to
47 assess spider plant genotypes for desirable agronomic traits [suitable desirable](#) in seed and vegetable
48 production
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50

51 **2. MATERIAL AND METHODS**

52 **2.1 Genotypes selection and assessment**

53 Twenty-five (25) genotypes were assessed for agronomic traits and seed production under
54 greenhouse conditions, at the University of Nairobi - Kabete experimental field station, for a
55 period of 180 days (two plantings). The germplasm included 23 genotypes (GBK-043595,
56 GBK-040458, GBK-040455, GBK-040449, GBK-045431, GBK-045446, GBK-045426, GBK-
57 045436, GBK-045497, GBK-045494, GBK-045456, GBK-027212, GBK-032229, GBK-
58 032253, GBK-043266, GBK-032302, GBK-032210, GBK-031896, GBK-031841, GBK-
59 032134, GBK-028554, GBK-031850, and GBK-032340), which were obtained from the gene
60 bank of Kenya; and KS1 and SN1 obtained from farmers in Kisii and South Nyanza regions
61 of western Kenya, respectively. Saga, a commercial type, was included as a check. [\(need to give brief varietal characteristics of these genotypes to form a basis for comparison after subjecting them to the experimental conditions\)](#)

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65 2.2 Experimental Procedure

66 The genotypes were grown in 10 kg pots filled with a mixture of soil (dark reddish-brown to
67 dark brown, friable clay) and cow manure mixed in the ratio of 1:2. The soil (deep red humic
68 nitisols according to Kenya Soil Survey (9) classification) and cow manure were obtained
69 from the University of Nairobi, Kabete experimental field. Three seeds of each genotype
70 were planted per pot. The pots were arranged in a completely randomized design (CRD)
71 with three replicates. The pots were watered/irrigated three times per week until plant maturity.

72 2.3 Data collection and Analysis

73 Data on desirable traits was scored based on; days to seedling emergence, germination
74 percent, leaf accumulation, days to flowering (vegetable production traits), days to pod
75 formation, pods per plant, number of seeds per pod and weight of 100 seeds (seed
76 production traits). Day to flowering (50% flowering) was taken when 50% of the plants had flowered while
77 days to pod formation was recorded when 50% of the plants had formed pods. For the determination of
78 pods per plant, ten plants were randomly selected per genotype in the three replicates and
79 the number of pods in each one of them was counted when fully formed and an average number
80 of pods of three replicates was also calculated using the data from the ten plants in the three replicates. Similarly for the
81 determination of number of seeds per pod, ten plants were randomly selected in each
82 genotypes for each of the replicates and 5 pods were pick at random from each of the plants
83 and the seeds contained in each pod was counted and recorded and eventually an average
84 per plant calculated. The 100 seed weight was determined by counting 100 seeds of each of
85 the genotypes replicated three times and weighed using a sensitive weighing balance and
86 an average for the 100 seeds calculated.

87 The data collected were subjected to analysis of variance using Genstat statistical package
88 (10) and means were compared using Fisher's protected LSD at P=0.05

91 3. RESULTS AND DISCUSSION

92 3.1 Days to Seedling Emergence

93 Genotypes differed significantly ($P=0.05$) in the number of days taken from planting to
94 seedling emergence (Table 1). The days to emergence ranged between 4 days for genotype
95 GBK-031850 and 10 days for genotypes GBK-045431 and GBK-031896. Nineteen out of the
96 25 genotypes evaluated took 5 days to 7 days to emerge. This was not significantly ($P=0.05$)
97 different from the commercial variety-Saga that took 6 days to emerge. Genotypes GBK
98 043595, GBK 045431, GBK 032253, GBK 032302 and GBK 031896 took longer (8-10 days)
99 to emerge compared to Saga.

100 Temperature and light have been shown to have a significant influence on germination of
101 spider plant, where best conditions for seed germination are 20-30 °C in darkness. Besides,
102 proper processing of seed determines the quality of the seed for example sun-drying of
103 spider plant seeds improve the mean germination time, seedling vigour and overall
104 germination percent compared with shade dried seeds (11). During the experimental period,
105 air temperature ranged between 15.9 °C and 18.5 °C. In addition, majority of the genotypes
106 used were obtained from the Genebank of Kenya having been stored at -20 °C for a long
107 period and therefore there is need for regeneration of germplasm stored in the genebank
108 periodically. Two genotypes (KS1 and SN1) were obtained from the farmers and one of the

109 genotypes was a commercial variety (Saga). It is possible that the processing of seed for
 110 these genotypes was not done according to the recommendations (Mr. Katimbwas-
 111 Agricultural extension officer, Kisii, personal comm.).

112 **Table 1: Differences in number of days to emergence, germination percentage and**
 113 **days to flowering in 26 spider plant genotypes evaluated under greenhouse / (genetic variability in 26 spider plant**
 114 **genotypes in relation to number of days to emergence, germination percentage and**
days to flowering evaluated under greenhouse conditions)

Genotype	Days to emergence	Germination (%)	Days to flowering
GBK-043595	8dc	27.8	41f
GBK-040458	6bc	33.3	36bcdef
GBK-040455	6bc	27.8	37bcdef
GBK-040449	6bc	44.4	42f
GBK-045431	10e	38.9	33abc
GBK-045446	7c	33.3	32ab
GBK-045426	6bc	38.9	37bcdef
GBK-045436	6bc	50.0	31a
GBK-045497	7c	38.9	34abcd
GBK-045494	7c	33.3	30a
GBK-045456	7c	33.3	35abcd
GBK-027212	6bc	44.4	38cdef
GBK-032229	7c	38.9	42f
GBK-032253	8dc	50.0	35abcd
GBK-043266	6bc	33.3	41f
GBK-032302	9de	33.3	41f
GBK-032210	6bc	44.4	40def
GBK-031896	10e	27.8	40def
GBK-031841	5ab	38.9	32ab
GBK-032134	6bc	16.7	42f
GBK-028554	5ab	38.9	38cdef
GBK-031850	4a	44.4	33abc
GBK-032340	6bc	44.4	39def
Commercial variety	6bc	38.9	35bcde
KS 1(Kisii)	7c	27.8	41f
SN 1 (South Nyanza)	6bc	27.8	36bcdef

LSD2.122.05ns6.138****

**= Significant (P=.05), ns=Not significant. Figures followed by the same letters along a

column are not significantly different ($P=.05$)

Spider plant seeds are negatively photosensitive and the effects of photo inhibition increases at temperatures lower than 20 °C and germination is also influenced by physiological maturity of the seeds (12). The consequence of genotypes that take a long time to germinate may result in a poor final plant stand and hence low yields per unit area. The longer seeds are in the soil before germination or the slower the germination, the greater the chances are for soil disease and insects to attack the seeds (13).

3.2 Germination Percent (Stand Count)

There were no significant differences among genotypes for germination percent (Table 1). The germination percent ranged from 16.7% in GBK-032134 to 50% in GBK-032253. Genotypes GBK 040449, GBK-027212, GBK-032210, GBK-031850 and GBK 032340 had a germination of 44.4%, and though not statistically significantly, different than that of Saga (38.9%). In addition, this percent was slightly higher than that of the genotypes (KS1 and SN1) obtained from farmers' fields, which was 27.8%. Genotypes GBK-032253, GBK 040449, GBK-027212, GBK-032210, GBK-031850 and GBK032340 that had germination of 40% - 50 % that was better than Saga (38%) and the farmers genotypes (27%) would give a higher plant population and hence higher yields as compared to genotypes currently being used by the farmers.

The number of plants established from a given weight of seed depends on size of seeds and percent of those seeds that are viable and can grow into established plants (14). A high seed germination percent is a prerequisite for successful commercial vegetable production (15).

3.3 Days to Flowering

The number of days to flowering varied significantly ($P=.05$) among genotypes (Table 1). The shortest duration to flowering was 30 days for GBK-045494, whereas the longest period to flowering was 42 days for GBK-040449, GBK-032229 and GBK-032134. Saga took 35 days from planting to flowering, which was shorter than the genotypes being grown by the farmers (KS 1SN 1) that took 41 and 36 days to flowering, respectively. The other genotypes that were slow in flowering as compared to Saga were GBK-045426 (37 days), GBK-027212 (38 days), GBK-028554 (38 days), GBK-032340 (39 days), GBK-031896 (40 days) and GBK-032210 (40 days) (Table 1).

Late flowering genotypes are the most preferred by farmers of leafy vegetables since the start of flowering marks the end of the vegetative stage and the reproductive stage sets in with reduced leaf production (16,17). The main obstacle to spider plant production as a vegetable is that most of the genotypes currently being used by the farmers tend to flower very early and hence low leaf yields. Genotypes GBK-040449, GBK-032229 and GBK-032134 took seven days longer to flower when compared with the commercial variety. A difference of 7 days is significant in terms of leaf yield and income for a vegetable farmer harvesting the leaves twice a week. Therefore the genotypes that take more than 35 days from planting to flowering will form good candidates for improvement for vegetable purposes.

3.4 Leaf accumulation

The leaf accumulation varied significantly ($P<0.05$) between genotypes (Figure 1). Eight out of the 22 genotypes (GBK 045446, GBK 045426, GBK 045456, GBK 032340, GBK 032302,

160 GBK-032210, GBK-027212 and GBK 040449) evaluated accumulated leaf number of
161 between 11 and 13 in six weeks.

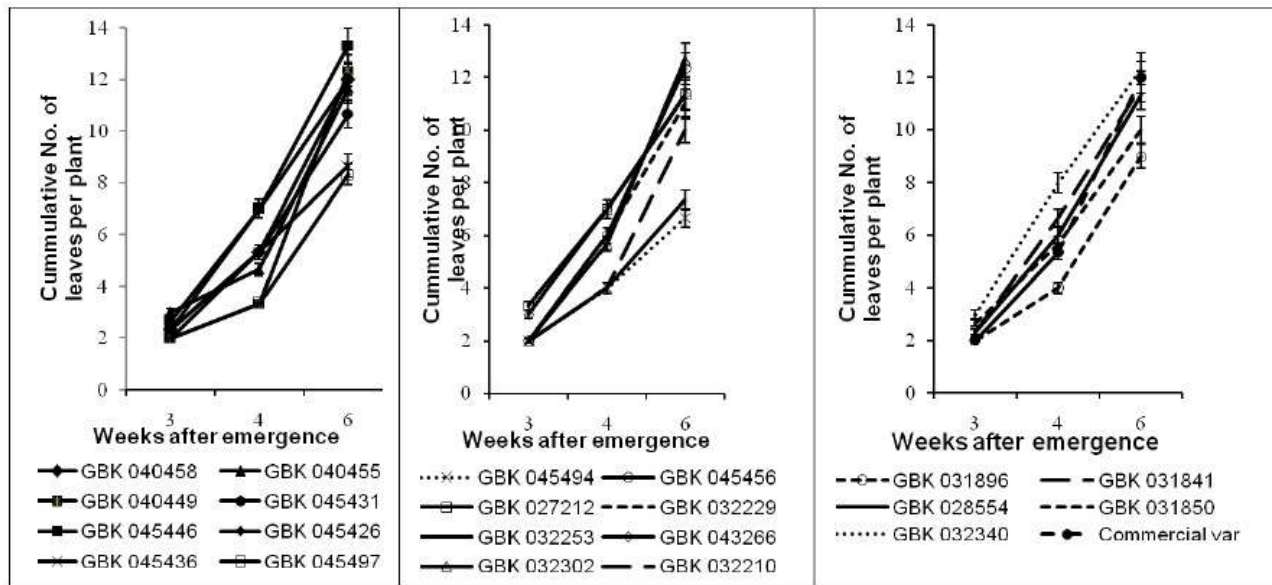


Figure 1: Cumulative number of leaves per plant for 22 spider plant (*Cleome gynandra* L.) genotypes (l = Error bars)
(means of 10 plants per replicate x 3 replicates were used)

This was comparable to that of the commercial variety, Saga whereas 3 of the genotypes (GBK 045497, GBK 045494 and GBK 045436) had cumulative leaf number of between 6 to 8 leaves (Figure 1). This implies that the genotypes with higher cumulative leaf number comparable to Saga could be candidates for promotion for vegetable production.

Leaves are the primary sites of photosynthesis in crop plants (18). Therefore, one might assume that the greater the number of leaves in a field, the better interception of sunlight and higher the yield (19, 20). The leaf number is most of the times correlated to the number of plants in a field. When the stand count is low, it is likely that the amount of leaves per unit area will also be low and hence low photosynthetic rate resulting in low productivity per unit area especially when dealing with a leafy vegetable (21) such as spider plant.

3.5 Days to pod formation

The number of days to pod formation also varied significantly (P=.05) among genotypes (Table 2).

Table 2: Differences in number of days to pod formation, pods per plant, Seeds per pod and 100 seed weight for 26 spider plant genotypes evaluated under greenhouse conditions

Genotype	Days to pod formation	Pods per plant	Seeds per pod	100-seed weight
GBK-04359545cde6abcd50abc0.157d				
GBK-04045844bcde3a101c0.145cd				
GBK-04045542abcd5abc124c0.157d				
GBK-04044946de6abcd114c0.15d				
GBK-04543138a9d120c0.133bc				
GBK-04544640abc4ab170d0.15d				
GBK-04542642abcd6abcd20a0.14c				
GBK-04543639ab7bcd13a0.133bc				
GBK-04549741abcd4ab48abc0.123ab				
GBK-04549442abcd7bcd131c0.153d				
GBK-04545643abcde4ab28a0.128bc				
GBK-02721243abcde5abc103c0.13b				
GBK-03222947e5abc28a0.125abc				
GBK-03225340abc8cd14a0.117a				
GBK-04326644bcde4ab58abc0.145cd				
GBK-03230245cde4ab46ab0.133bc				
GBK-03221045cde5abc46ab0.137bc				
GBK-03189646de6abcd82bc0.155d				
GBK-03184139ab7bcd114c0.153d				
GBK-03213447e4ab91c0.127bc				
GBK-02855448e8cd12a0.147cd				
GBK-03185044bcde4ab80bc0.157d				
GBK-03234046de4ab79bc0.123ab				
Commercial40abc4ab21a0.137bc				
variety				
KS 1(Kisii)47e4ab84bc0.123ab				
SN 1 (S.Nyanza)41abcd7bcd102c0.148cd				
LSD5.6**3.4**44.6**0.009**				
** = Significant (P=.05) Figures followed by the same letters along a column are not significantly different (P=.05)				

Days to Pod formation varied between 38 and 48 days for GBK-045431 and, for GBK-028554, GBK-032134 and GBK-032229, respectively. Genotype KS-1 took 47 days, whereas GBK-032340, GBK-031896 and GBK-040449 took 46 days from planting to podding. Saga took 40 days to pod, which was one week earlier than all the other genotypes used in the study except for genotype GBK- 045431 that took 38 days. The beginning of pod formation in spider plant significantly leads to loss of leaves with minimal production of new leaves. The pods become an extra sink into which photosynthates are transported and may limit the production of new leaves. In some species, the importation of resources into the developing seeds is closely correlated with the capacity of leaves to export assimilates (22). However, in Arabidopsis the development of reproductive structures only minimally influences leaf senescence, with organ age having a far greater effect. Selective pod removal had almost no impact on individual leaf senescence in Arabidopsis, but overall plant longevity was increased by 20–50days (23). Therefore, genotypes in which pod formation sets in early are not suitable for vegetable production if it results in senescence of the leaves. The shorter period taken to pod formation might also not be a good indicator of a genotype that should be used for seed production since this may mean a low total leaf yield and hence limited photosynthetic capacity and hence reduced photosynthates necessary for seed formation.

3.6 Pods per Plant

The number of pods per plant varied significantly ($P=.05$) among genotypes (Table 2). The lowest number of pods per plant (3) was recorded in GBK-040458 and highest number of pods per plant (9) was recorded in GBK-045431. Majority (69%) of genotypes had between 4 and 6 pods per plant. The primary components of seed yield are number of pods per plant and seed weight. Seed yield is a complex character with polygenic inheritance having positive or negative effects on yield component traits (24). In other crops, seed yield is strongly correlated with number of pods per plant (25). Taking this into account, genotype GBK-045431 with 9 pods per plant would be expected to yield more seed than genotypes that have a lower number of pods per plant, such as GBK 040458. However, this can only be concluded after assessing the seed weight of different genotypes. Salehi et al. (26) reported that the result of stepwise multiple regression analysis based on seed yield as a dependent variable and other traits as independent variables, pods per plant explained 83.2% of the total variation suggesting that the number of pods per plant may be the main factor determining seed yield.

3.7 Seeds per Pod

There were significant variations of genotypes for the number of seeds per pod (Table 2). The highest number of seeds per pod (170 seeds) was recorded in GBK-045446 that had an average of 4 pods per plant while the lowest number of seeds (12 seeds) per pod was recorded in GBK-028554 with an average of 8 pods per plant. The number of seeds in a pod can vary widely among; plant species (27), individual plants within a species (27, 28), and fruits within a plant (29). Factors and processes affecting seed production might be achieved with studies that incorporate variation at all these levels. The weight of each seed in a pod increases with fewer seeds in a pod (27), as was found for some of the spider plant genotypes evaluated; that had many pods per plant but with few seeds per pod. Esmail et al. (30) has shown that characteristics such as number of pods per plant and seed yield per plant can be used for selecting genotypes for seed production.

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230 **3.8 100-Seed weight**

231 The genotypic effect was significant ($P=.05$) for 100-seed weight (Table 2). The heaviest
 232 (0.157 g), seeds were produced by GBK-043595 (6 pods/plant; 50 seeds/pod), GBK-040455
 233 (5 pods/plant; 124 seeds/pod), and GBK-031850 (4 pods/plant; 80 seeds/pod); whereas the
 234 lowest seed weight of 0.117 g was detected on GBK-032253 (8 pods/plant, 4 seeds per
 235 pod). The 100-seed weight is one of the most important criteria in seed quality
 236 determination. It determines embryo size and seed storage for germination and emergence
 237 (31). High 100-seed weight increases germination percent and seedling emergence (32, 33).
 238 Thus, seed weight has a large effect on seed germination, seed vigor, seedling
 239 establishment and yield production. For commercial purposes, genotypes with a high 100-
 240 seed weight will be preferred by farmers as seeds are sold by weight. For vegetable
 241 production, a high 100-seed weight will be important in ensuring high germination
 242 percentages, hence high plant population resulting in high leaf yield per unit area
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 246 **4. CONCLUSION**

247
 248 Genotypes; GBK-040449, GBK-027212, GBK-032210 and GBK-032340 that took between
 249 4-7 days to emergence, had 40-50 percentage emergence and took more than 35 days from
 250 planting to flowering (Annex 1) are considered desirable for vegetable production. Whereas
 251 genotypes; GBK-040449, GBK-045494 and SN 1 that took more than 40 days from planting
 252 to pod formation, produced 6-9 pods per plant having more than 100 seeds per pod and
 253 100-seed weight of between 0.14 g to 0.16 g are considered attractive for seed production
 254 (Annex 1). Genotypes GBK 040449 was found to have traits desirable for both vegetable
 255 and seed production (Annex 1). These genotypes, with desirable traits for vegetable and
 256 seed production, are recommended for further evaluation under field conditions to
 257 corroborate the greenhouse studies. In addition, given the low germination percent in the
 258 accessions assessed, research is required to determine factors that could enhance
 259 germination of spider plant.
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