



SDI Review Form 1.6

PART 1:

Journal Name:	British Journal of Applied Science & Technology
Manuscript Number:	MS: 2012 BJASt 2667
Title of the Manuscript:	Effect of aerobic exercise on postmenopausal women with major depression

General guideline for Peer Review process is available in this link:

(<http://www.sciencedomain.org/page.php?id=sdi-general-editorial-policy#Peer-Review-Guideline>)

- This form has total 9 parts. Kindly note that you should use all the parts of this review form.



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PART 2: Review Comments

	Reviewer's comment	Author's comment (if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)
<u>Compulsory</u> REVISION comments	1. Many flaws such as unnecessary spaces and spelling errors should be corrected. 2. According to the statements, the study design seemed to be 'clinical controlled trial' or 'randomised controlled trial' up to if you allocated the group randomly. If you only selected participants randomly but not randomly group, it's a clinical controlled trial. It's not a one group, pre-test post-test design. (abstract & methods) 3. Line 21, 'There were(P,0.0002). ' This sentence is confusing, please re-write. 4. In the introduction, you should clarify the rationale for this study. What's the importance or significance of this study? Do you expect exercise can decrease the side effects of medication? Then you should have more outcome measures. If only for depression, the paragraph about side effects of medication is unnecessary. You should clarify the difference between postmenopausal depression and depression, why it needs more study? The effect of exercise on depression is already known. 5. I suggest use classification to present the depression severity. Did the distribution of severity change after intervention? Otherwise, you should let the readers know what is the significance of the difference between 16.86 and 19.66 (What size of change is a clinically significant change?). 6. Does the percentage mean number of	I agree with most corrections But my work is to detect the effect of aerobic exs. On postmenopausal depression, not on the side effect of drug. <i>Many thanks</i>



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	improved/total number? How to know it is significant? 7. The two groups all received the medication, the conclusion should address the effects resulted from medication with aerobic exercise, not only exercise. 8. The tables are not needed. Those information can be in the text directly. (And they are already in the text.) 9. Discussion may focus on why exercise is beneficial to mental health. Is there any evidence? The paragraph about depression and menopause can be shortened.	
<u>Minor</u> REVISION comments		
<u>Optional/General</u> comments		