



SDI Review Form 1.6

PART 1:

Journal Name:	British Journal of Applied Science & Technology
Manuscript Number:	MS: 2013_BJAST_3159
Title of the Manuscript:	Effect of Aerobic Exercise on Depression and Insomnia in post Menopausal Women

General guideline for Peer Review process is available in this link:

[\[http://www.sciencedomain.org/page.php?id=sdi-general-editorial-policy#Peer-Review-Guideline\]](http://www.sciencedomain.org/page.php?id=sdi-general-editorial-policy#Peer-Review-Guideline)

- This form has total 9 parts. Kindly note that you should use all the parts of this review form.



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PART 2: Review Comments

	Reviewer's comment	Author's comment <i>(if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)</i>
<u>Compulsory</u> REVISION comments	The paper is interesting. However, the methodological quality of the clinical trial is very low: 1) There is not a control group 2) incomplete descriptions of baseline patient characteristics 3) small sample size No effort to exclude confounding factors (diet) has been done.	The group is controlling itself as we assess the group before and after the treatment program, with the mentioned delimitations. The correction was done. It is small but representative. We don't have guide lines when it comes to sampling in our university. They all the same socioeconomic standard they had no history of renal, liver or endocrinal disorders, cardiac affection or history of smoking.
<u>Minor</u> REVISION comments		
<u>Optional/General</u> comments		