



**SDI FINAL EVALUATION FORM 1.1**

**PART 1:**

Journal Name:	<a href="#">British Journal of Medicine and Medical Research</a>
Manuscript Number:	2015_BJMMR_17374
Title of the Manuscript:	The Effects of a Delay Following Warm-up on the Heart Rate Response to Sudden Strenuous Exercise
Type of Article:	Original Research Article

**PART 2:**

FINAL EVALUATOR'S comments on revised paper (if any)	Authors' response to final evaluator's comments
There is no revision according to my previous comments in the paper, actually authors could not. Because my comments were regarding the whole manuscript. Authors' response did not satisfy me.	<p>Our understanding of this reviewer's current comment is that we as authors would be unable to make any further revisions to satisfy the previous comments. While we respect and value the reviewer's comments and view on the manuscript, we do not see a way that we can revise the manuscript to satisfy this reviewer's comments.</p> <p>We thought we had responded to the reviewer's comments to the best of our ability. We understand that one of the main concerns is surrounding the lack of ECG findings in the study. In this regard, we do note in the discussion that the ECG findings of previous studies were not replicated in this work and therefore we cannot (and do not) state that cardiac ischemia occurs in this case. However, given that ECG abnormalities have previously been observed in this type of exercise, and given that ECG does not always detect sub-clinial myocardial ischemia, we feel it prudent and relevant to discuss the issue. We respectfully submit that we are not over-reaching our data in the discussion of this issue.</p> <p>It seems to us that this reviewer is recommending that the manuscript is not worthy of publication, a decision we leave to the editor when considering all four reviewer's comments and our revisions.</p>