

## List of fixes

All the amendments have been highlighted in the test:

Point - Title / subtitle	Item (verse)	Type of amendment
1 - Introduction	15	1 lingual error
2 - Aim	72	Change of term
	81	The deletion of the word
	84	1 lingual error
	85	The deletion of the word
	70, 71	Deleted repeated description Table 1.
Table 1	72	Elimination of the vertical edges, improving the readability of the table by introducing the contrast between the lines.
Table 2	95	Changing Table 2: transposition of data, reducing table, improving the readability of the data by highlighting important values
Tables 1 and 2		Improved according to the instructions for authors
Table 2		4 lingual errors
2 – Aim	72, 73	Renaming the subtitle - adapted to search engines (I want to added that in the paper appears part on setting targets health training and in the rest of the work I use the term "objective")
3 - Methods	81,	
4 - Results	85	
Table 3a	207	2 lingual errors
Table 3b	208	4 lingual errors
Legend to the tables	209	9 errors
5 - Discussion	227, 237, 239, 241, 249	5 errors
Bibliography	314	1 lingual error
	347	change of term