# <u>Case Study</u> "Replantation of knocked out tooth after traumatic avulsions."

## 3 Abstracts:

Background: Management of permanent tooth avulsion often challenging 4 for dental practitioner, as avulsion resulting complete exfoliation of tooth 5 from its socket, is usually associated with damage to the supporting 6 structures. Managing the edentulous area to improve aesthetics, phonetics, 7 function is better achieved by replanting the avulsed tooth rather than 8 prosthesis. Report of cases: This article report a case avulsed tooth 9 management of 12-years-old-girl due to accidental knocked out of both 10 central incisor. Immediate after injuries patient report to the emergency 11 department over phone and asked to collect and keep the avulsed tooth 12 sinking into milk. Patient was managed by dentist within 60minutes of the 13 accident and have follow-up by radiologically and clinically 1 year post 14 accidentally. Conclusion: Replantation of tooth immediate after avulsion 15 can be managed by replantating into its socket. 16

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18 **Keywords:** Tooth Replantation, Tooth avulsion, Athletic injuries, Tooth

19 injuries,

## 20 Introductions:

Traumatic injuries to teeth are common, with between 6-34% of children 21 aged 8-15 experiencing damage to their permanent teeth<sup>1</sup>. One of the most 22 severe dento-alveolar injuries is avulsion, where the tooth or teeth are 23 completely knocked out of the mouth. This injury accounts for between 0.5 24 to 3% of dento-alveolar trauma to permanent teeth<sup>2</sup>. The active movement 25 of children at this age group and relatively resilient alveolar bone with 26 minimal resistance to extrusive forces might be reason behind this age 27 group being affected children. An avulsed tooth is one that has been 28 knocked out accidentally from the alveolar socket for a number of reasons: 29 a blow to the mouth, accident involving the face or during contact sports. It 30 is possible to replace the tooth in the socket successfully if the action is 31 taken as soon as possible<sup>3</sup>. Certain predisposing factors like protruded 32 maxillary incisors and insufficient lip closure may affect the extent of the 33

dental trauma<sup>2</sup>. Healing with periodontal ligament (i.e. regeneration) after replantation will occur only if the innermost cell layer along the root surface is viable<sup>4</sup>. Clinical studies revealed that the prognosis is best for teeth replanted within 5 minutes after avulsion<sup>2</sup>.

Prolonged non-surgical storage of avulsed teeth before replantation results in total necrosis of the periodontal ligament and healing by replacement root resorption (i.e. repair) becomes the only option<sup>4</sup>. Some characteristics of storage medium i.e. p<sup>H</sup>, osmolarity<sup>5</sup> and temperature should be compatible with the survival of periodontal ligament<sup>6</sup>. Storage media as milk, Hanks banlanced salt solution and viaspan have been proved to maintain cell viability after long periods<sup>7</sup>.

This article reports the case of accidentally knocked out of two maxillary central incisors that were kept in milk from the moment of trauma until its replantation within 60 minutes later. The successful clinical and radiographic findings observed after 12-months follow-up are described.

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## 50 **Report of the cases:**

(A)

A 12-years-old-girl had and accidental fall down from stairs at her own house. Immediately her mother gave a phone call to the emergency section of the Update dental college and hospital, Dhaka, upon instruction from the Dental officer her two knocked out incisor were kept shrink within milk. The endodontist attended her case within 60minutes of the accident.

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(C)

(D)

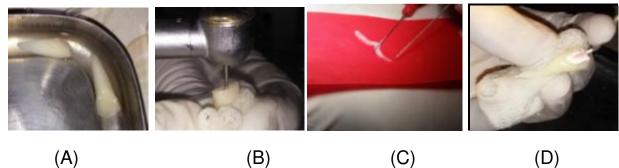
**Figure 1:** Intraoral photograph showing immediate after reported to dentist (A), removal of clot and debris from the alveolar socket (B), Immediate

(B)

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placing the tooth to corresponding socket (C), to evaluate the occlusal 61 relationship (D). 62

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65 Figure 2: The avulsed tooth at saline before endodontic procedure(A),

66 access cavity preparation(B), extirpation of pulp (C), and endodontic 67 obturation by lateral condensation (D). 68

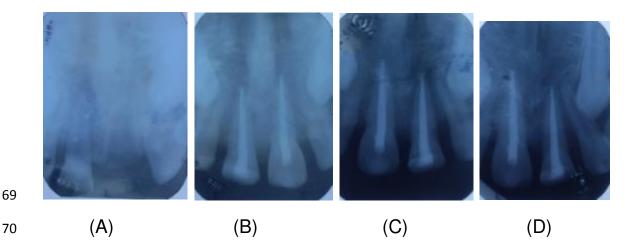
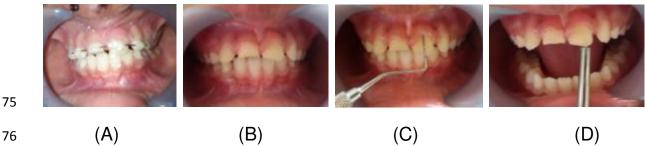


Figure 3: Periapical radiographic evaluation of the socket area immediate 71 after reporting to dentist (A), 10days prost Replantation after removal of 72 bonded wire (B), at six month recall visit (C), and at one year recall visit 73 (D). 74

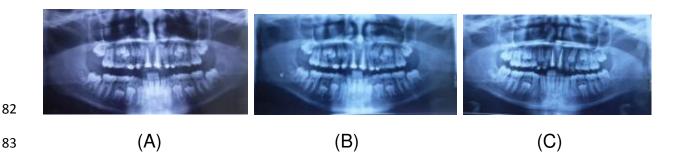


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**Figure 4.1:** Post treatment intraoral photograph on the 10day recall visit after management (A), immediate after removal of bonded wire (B), checking of periodontal pocket at 6month recall visit (C), checking of functional at one year recall visit (D).

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**Figure 4.2:** Panoramic radiographic evaluation on immediate after management(A), at 10day recall visit after management (B), at 1year recall visit (C).

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At initial examination laceration on the lip and clot on the socket of the teeth 88 12 and 21 noticed. Teeth on the milk were found with intact pulp chamber 89 with close root apex, however the crown fracture were noticed and patient's 90 attendant did not able to present any fracture part of the crown. The patient 91 was immediately anaesthetized; the alveolar socket was washed with 92 saline and examined with a blunt instrument to check for the patency of the 93 socket and to create fresh bleeding. Then both teeth were inserted into the 94 respective alveolar socket to check the occlusion and alveolar patency. 95 After revealing everything favorable both the teeth were removed from 96 socket and then teeth were undergone extra oral endodontic treatment. 97 Then the knocked out maxillary central incisors were replanted back into 98 the alveolar socket with finger pressure and checked the occlusion as 99 previously marked. 100

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The teeth were splinted to the adjacent teeth with composite resin and gingival laceration was dressed with podon iodine. The patient was

instructed about her biting habit and oral hygiene implement. A 7 days 104 course of systemic penicillin was prescribed and the patient was referred 105 for an anti-tetanus booster. The splint was removed 10 days later and the 106 replanted teeth were restored with composite resin. Radiograph and clinical 107 examination were performed during 12 months follow-up period. During the 108 above mentioned period, the teeth remained in a stable functional position 109 and did not reveal any clinical alkalosis or resorption. Moreover, it remained 110 functional stability and was aesthetically acceptable after 1 year follow-up. 111

Both the patient and her parents were satisfied with the treatment outcome and wanted to avoid complicated treatment, so it was decided to further follow-up and keep the replanted teeth as long as possible.

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### 116 **Discussion:**

Literature review reveal that the important factor to ensure a favorable 117 outcome after replantation is the extraoral time elapsed between the injury 118 and the replantation of tooth<sup>2,4</sup>. Most importantly care should be taken to 119 the avulsed tooth to prevent from drying, which causes loss of normal 120 physiologic metabolism and morphology of the periodontal ligament cells.<sup>4</sup> 121 Aim is to replant a clean tooth with which means that the patient should be 122 brought to the office immediately. If delay occurs in replantation, the tooth 123 should be quickly stored in an appropriate medium until the patient can go 124 the dental office for replantation. Suggested storage media in order of 125 preference are: milk, saliva (either in the vestibule of the mouth or in a 126 container into which the patients spits), physiologic saline or water <sup>4</sup>. Water 127 is the least desirable storage medium because the hypotonic environment 128 causes rapid lysis and increased inflammation<sup>8</sup>. Hank's balanced salt 129 solution has shown the superior ability in maintaining viability of the 130 periodontal ligament fibers for extended periods9. However, they are 131 presently impractical as they are not generally available at accident site. 132

Irrespective of the root surface treatment, there is consensus in the
 literature in that replanted teeth should be treated endodontically because
 the necrotic pulp and its toxins affect the periodontal ligament cells through

the dentinal tubules and play a decisive role in the root resorption process<sup>9-</sup>
<sup>11</sup>. Some operator suggest that, If extra oral dry time exit 60 minutes in a
closed apex the teeth should be treated endodontically outside the oral
cavity<sup>11</sup>. Another aspect of replantation is the preparation of socket which
consists of removal of destructions as blood clots and bone fragments in
order to facilitate the replantation.

The goal of antibiotic therapy is to avoid bacterial proliferation in the area of 142 ongoing process and contribute to the prevention of inflammatory 143 resorption. Ideally a broad spectrum antibiotic should be administered for 144 seven days<sup>12</sup>. It is necessary to splint the replanted tooth to the adjacent 145 teeth flexibly during 7-10 days for periodontal healing and then to perform 146 root canal treatment to prevent the inflammatory root resorption in case of 147 immediate replantation of tooth with closed apex. But if the tooth replanted 148 to the socket after 60 minutes of accident its better to perform extra oral 149 root canal treatment prior to replantation<sup>11</sup>. 150

In our presented case, the avulsed incisors had close apices and were kept 151 in milk from the moment of trauma until its replantation 60 minutes later. 152 Prolonged extra oral time and closed apices were the factors that cause 153 deficiency of pulpal and periodontal healing, so it was assumed that the 154 prognosis will be negligible. But, in 12 months follow-up showed 155 maintainence of root integrity, intact lamina dura and absent of tooth 156 mobility, which are indicative of successful replantation. Moreover, It was 157 aimed to prevent the teeth loss, maintain aesthetic and functional 158 properties as well as allowing the alveolar bone growth. To achieve the 159 goal of the treatment, the knocked out teeth were replanted back into the 160 socket into its original position and splinted for 10 days. 161

Study found that mature teeth in children and adolescents exhibit more extensive inflammatory root resorption after replantation caompared to adult<sup>13</sup>. The mentioned increase root resorption rate is related to the bone remodelling which is more extensive in children during the grow-up period. The root resorption andankylosis may give rise to infraocclusion during the growing process <sup>13</sup>. Either prosthetic replacement of the missing incisors, or prosthetic implant placement might be alternative treatment options for our presented case, if replantation were not practicable. However, both of the options need time for complete root formation of the abutments as well as adequate bony thickness of implant. In this aspect, the period of sustainability of replanted teeth bear utmost importance.

The knocked out teeth can maintained aesthetic and functional properties for some years after the replantation. In this report, the replanted teeth remained in a stable functional position during 12 months follow-up period without any sign of ankylosis or resorption. Despite the positive results observed after 1 year, clinical and radiographic follow-up of the teeth also planned for further followup.

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## 180 **Conclusions:**

Amount of damage to tooth and supporting structures, emergency treatment and follow-up period play a role in the prognosis of knocked out teeth. It can be recommended to keep that teeth in a suitable solution and treatment started as early as possible. According to the findings of the presented case, replantation can be advised for avulsed teeth with prolong extra oral time, but risk of resorption at long time should be considered.

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#### 188 **Referances:**

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