



**SDI Review Form 1.6**

Journal Name:	<b><u>British Journal of Medicine and Medical Research</u></b>
Manuscript Number:	<b>2015_BJMMR_17374</b>
Title of the Manuscript:	<b>The Effects of a Delay Following Warm-up on the Heart Rate Response to Sudden Strenuous Exercise</b>
Type of the Article	<b>Original Research Article</b>

**General guideline for Peer Review process:**

This journal's peer review policy states that **NO** manuscript should be rejected only on the basis of '**lack of Novelty**', provided the manuscript is scientifically robust and technically sound.

To know the complete guideline for Peer Review process, reviewers are requested to visit this link:

(<http://www.sciencedomain.org/page.php?id=sdi-general-editorial-policy#Peer-Review-Guideline>)



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**PART 1: Review Comments**

	<b>Reviewer's comment</b>	<b>Author's comment</b> (if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)
<b><u>Compulsory</u></b> REVISION comments	<p>Abstract</p> <p>To rewrite the sentence ... It has previously been shown to result in electrocardiograph (ECG) abnormalities indicative of myocardial ischemia when not preceded by a warm-up.</p> <p>To define ...SSE (in the first time in the abstract)</p> <p>Line 65 – Methods</p> <p>The number of participants in the investigation is very small. I suggest to increase the number of participants or to alter the title of the study, as “Preliminary findings....</p> <p>Line 239- Reference section</p> <p>There is a very important and serious problem. In general, the references are not recent. I suggest to include recent references.</p> <p><b>Ethical Issue:</b></p> <p>Yes, but the authors have justified.</p>	
<b><u>Minor</u></b> REVISION comments	<p>Lines 14-16 – to rewrite the sentence ...“The cardiovascular responses to the initial onset of exercise including increased cardiac output [1], stroke volume as a result of increased venous return [2] and heart rate (HR) due to sympathetic stimulation and circulating catecholamines [3] have been well documented. “</p>	



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	<p>Line 18 – to include a reference ... fashion (reference).</p> <p>Line 27 - ...colleagues (to add the number of the reference)</p> <p>Line 125- The authors must introduce the Table 1.</p> <p>Line 164- to include a reference in ...expected (reference),...</p>	
<b><u>Optional/General</u></b> comments	<p>I think that this study is very interesting, but it has two problems: the number of participants and the references (it is necessary to delete old references and to include recent references).</p> <p>I suggest to change the title due to the small number of participants to "Preliminary results ...."</p>	

**Reviewer Details:**

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