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#### **SDI Review Form 1.6**

Journal Name:	British Journal of Medicine and Medical Research
Manuscript Number:	2015_BJMMR_17374
Title of the Manuscript:	The Effects of a Delay Following Warm-up on the Heart Rate Response to Sudden Strenuous Exercise
Type of the Article	Original Research Article

## **General guideline for Peer Review process:**

This journal's peer review policy states that  $\underline{NO}$  manuscript should be rejected only on the basis of 'lack of Novelty', provided the manuscript is scientifically robust and technically sound.

To know the complete guideline for Peer Review process, reviewers are requested to visit this link:

(http://www.sciencedomain.org/page.php?id=sdi-general-editorial-policy#Peer-Review-Guideline)

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# **PART 1:** Review Comments

	Reviewer's comment	Author's comment (if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)
<u>Compulsory</u> REVISION comments	<ul> <li>The small sample size is a great limitation of this study and reduces the reproducibility of the results.</li> <li>No multivariate regression model can be perfomed.</li> </ul>	
Minor REVISION comments	<ul> <li>Inclusion and exclusion criteria should be provided.</li> <li>Cardiovascular risk factors of the patients should be eventually specified as well as pharmacological anamnesis.</li> <li>Were the patients trained at physical activity? This should be discussed.</li> </ul>	
Optional/General comments		

# **Reviewer Details:**

Name:	Anonymous
Department, University & Country	University of Bari, Italy