1	Research paper
2	A Study Investigating the Extent of Absorption and Pharmacokinetics of a
3	Newly Developed Paracetamol/Caffeine Formulations Containing Sodium
4	Bicarbonate in Healthy Volunteers
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Abstract

19

### Aims – To assess clinical bioequivalence between a newly developed formulation, RAPC 20 containing 500 mg paracetamol + 65 mg caffeine + 325 mg sodium bicarbonate), and the 21 currently marketed Panadol<sup>®</sup> Extra product in both the fasted and semi-fed states. 22 Study Design and Methods – This was a single center, randomized, open label, four-way 23 crossover, PK study on 30 subjects. The characterized PK parameters included total and partial 24 25 area under the concentration time curve (AUC<sub>0-30min</sub>, AUC<sub>0-60min</sub>, AUC<sub>0-t</sub>/AUC<sub>0-inf</sub>), time to reach peak drug plasma concentration/therapeutic level (T<sub>max</sub>/T<sub>c>4ug/ml</sub>), and maximum measured 26 plasma concentration ( $C_{max}$ ). The safety of the study treatments was assessed. 27 **Results** – In both fasted and semi-fed states, the exposure to paracetamol and caffeine for new 28 RAPC formulation was bioequivalent to Panadol<sup>®</sup> Extra for AUC<sub>0-10 hrs</sub>, AUC<sub>0- $\infty$ </sub> and C<sub>max</sub> with 29 90% confidence intervals (CIs), all being within the range 0.80 to 1.25, except for a higher 30 paracetamol C<sub>max</sub> for RAPC in fasted state. RAPC exhibited significantly greater early absorption 31 32 for both paracetamol ( $\geq 1.8$ -fold greater) and caffeine ( $\geq 1.3$ -fold greater) as determined by $AUC_{0-30min}$ and $AUC_{0-60min}$ , as well as significantly faster $T_{max}$ for both paracetamol (about 30) 33

minutes faster) and caffeine ( $\geq 15$  minutes faster) compared to currently marketed Panadol<sup>®</sup>

Extra. The Tc $\geq$ 4µg/ml was about 12 and 33 minutes faster in fasted and semi-fed states

36 respectively. The new formulation was safe and well tolerated.

37 Conclusion – The newly developed RAPC formulation was found to be bioequivalent to
38 Panadol<sup>®</sup> Extra caplets, and showed significantly faster absorption in both fasted and semi-fed
39 states.

- 40 Keywords: Paracetamol/Acetaminophen, Caffeine, Sodium Bicarbonate, Bioequivalence, Drug
- 41 Absorption.

42

#### 44 Introduction

45 Episodic tension-type headache (ETTH) is the most common form of headache disorder and accounts up to 78% of all headache disorders (Loder, 2004). ETTH typically causes mild to 46 47 moderate dull pain that radiates in a band-like fashion bilaterally and occurs usually less than 15 48 days per month for at least 3 months. Prevalence rate of ETTH varies widely ranging from 29 to 71 percent among studies, and is most commonly seen in young adults over 20 years of age 49 50 (Olesen, 2004). ETTH is caused by muscle contractions in the head, face, neck and shoulders, 51 which are usually related to stress, fatigue, emotional conflicts, depression or repressed hostility. 52 Tension headaches are usually self-treated with over-the-counter (OTC) analgesics, of which paracetamol is one of those most frequently used. Caffeine has also demonstrated to have an 53 analgesic adjuvant effect in combination with paracetamol to provide significantly superior 54 headache relief (Migliardi, 1994). 55

Fast relief of pain, within  $\leq$ 30 minutes of dosing, is an essential requirement for ETTH sufferers 56 (Schachtel, 1988; Schoenen, 1995; CPMP Note for guidance on clinical investigation of 57 medicinal products for the treatment of nociceptive pain, 2002; Miller 1987; Moller, 2000). 58 Several approaches have previously been utilized in an attempt to achieve a rapidly absorbed 59 paracetamol solid dose formulation (Chavkin, 1978; Aiache, 1979). Inclusion of sodium 60 61 bicarbonate in the caplets, which has a prokinetic effect on gastric emptying rate, offers an effective approach for increasing the rate of absorption of paracetamol from oral dosage forms 62 (Burnett 2006; Rostami-Hodjegan<sup>a</sup>, 2002). 63

To enhance the speed of absorption of paracetamol and caffeine to help pain relief more rapidly,
a combination of paracetamol and caffeine (RAPC) in a sodium bicarbonate caplet formulation
has been developed. No data has been previously published on the effect of sodium bicarbonate

for the absorption of both paracetamol and caffeine. The present pivotal pharmacokinetic (PK)
study was conducted to assess bioequivalence and rate of absorption for both paracetamol and
caffeine between the new RAPC formulation (total dose of two tablets containing 1000 mg
paracetamol + 130 mg caffeine + 650 mg sodium bicarbonate) and currently marketed Panadol<sup>®</sup>
Extra tablets (total dose of two tablets containing 1000 mg paracetamol + 130 mg caffeine).

#### 72 Study Design and Methods

#### 73 Subjects

Potential subjects willing to participate in the study were recruited from the site's database of potential volunteers, referrals and Institutional Review Board (IRB) approved advertising. To be eligible of participation in the study, the subjects were required to be of 18-55 years of age, with a body mass index (BMI) of 18-30 kg/m<sup>2</sup> (both inclusive), in good general health, who could understand and were willing, able and likely to comply with all the study procedures and restrictions. The females of child-bearing potential were required to practice a reliable method of contraception during the study.

The subjects were excluded if they were intolerant or hypersensitive to the study drug, were 81 taking any prescription/ herbal/ over the counter (OTC) medication 7 days prior to dosing, or 82 83 using any enzyme inducing drug 30 days prior to screening. Subjects were also excluded if they smoked more than 5 cigarettes a day, had donated blood within 3 months of the screening visit, 84 or had donated more than 1500ml of blood within 12 months of prior to dosing. Vegetarian 85 subjects were also excluded from the study. Additionally, subjects who consumed beverages 86 containing grapefruit/seville oranges or marmalade/ or had caffeine containing drinks or food 24 87 88 hours prior to dosing, and who had undertaken any unusually strenuous physical activity 24 hours prior to the screening and admission, were also excluded. 89

All subjects were informed with objectives, drugs, potential risks, dates and activities prior to
their participation. A written consent form was signed by each subject.

92 The study was conducted in accordance with the ethical principles of Declaration of Helsinki

93 (WMA, 2008), ICH Guideline for Good Clinical Practice (GCP) (ICH, 1996), and other

94 applicable regulations. The study was initiated after approval by MDS Pharma (now Celerion)

95 Services Institutional Review Board.

#### 96 Study Drugs

97 The test product was RAPC caplets (single dose comprising of two caplets totaling 1000 mg

98 paracetamol + 130 mg caffeine + 650 mg sodium bicarbonate) and the reference product was

99 Panadol<sup>®</sup> Extra caplets (single dose comprising of two caplets totaling 1000 mg paracetamol +

100 130 mg caffeine). Each treatment was taken with 150 ml of water.

#### 101 Methods

#### 102 Study Design

This was an open label, randomized, single-dose (two RAPC caplets and two Panadol<sup>®</sup> Extra
caplets), four way crossover pharmacokinetic (PK) study in 30 healthy subjects. The treatments
were given both in fasted and semi-fed states. Subjects received each study treatment in
randomized order based on a William Square design, during the 10 day confinement period. The
treatments of this study were:

108	1.	Treatment A – a single dose of two RAPC caplets (1000 mg paracetamol + 130 mg
109		caffeine + 650 mg sodium bicarbonate) in fasted state.
110	2.	Treatment B – a single dose of two RAPC caplets (1000 mg paracetamol + 130 mg
111		caffeine + 650 mg sodium bicarbonate) in semi-fed state.

112	3.	Treatment $C - a$ single dose of two Panadol <sup>®</sup>	Extra caplets (1000 mg paracetamol + 130
113		mg caffeine) in fasted state.	

4. Treatment D – a single dose of two Panadol<sup>®</sup> Extra caplets (1000 mg paracetamol + 130 mg caffeine) in semi-fed state.

The study drugs were administered two hours after eating a standard meal, which is considered to be a realistic scenario in clinical practice. Subjects ate breakfast 2 hours before dosing for the semi-fed state and were restricted from having breakfast in the morning for the fasted state. In addition, no food or drink was allowed after midnight for fasted state. The content of all the meals were standardized with respect to protein, carbohydrate and fat content and the timings of meals and drinks were standardized.

#### **Blood Sampling**

The blood was withdrawn either from an indwelling cannula or venapuncture (situated in a forearm vein) and transferred into 4.9 lithium heparinized polypropylene monovettes. A 1 ml discard was taken from the cannula prior to sampling and the cannula was flushed after sampling with approximately 1 ml heparinized saline. The samples were collected at pre-dose and at different time points through 10 hours post-dose. A wash-out period of 48 hours was chosen between adjacent doses to allow for elimination of any metabolites.

129 Paracetamol and caffeine in plasma was analyzed by using a validated High Performance Liquid

130 Chromatography (HPLC) method with ultra violet (UV) detection and a validated Liquid

131 Chromatography Mass Spectrometry (LC-MS/MS) method.

#### 132 Pharmacokinetic Calculations

133 The non-compartmental method of analysis was used for evaluating the primary and secondary

134 PK parameters. The primary PK parameters included area under the concentration time curve

- 135 (AUC) between 0 to 10 hours (AUC<sub>0-10hrs</sub>), AUC between zero and infinity (AUC<sub>0- $\infty$ </sub>), and
- maximum measured plasma concentration  $(C_{max})$  after single dose. To compare the speed of

early drug absorption between the two formulations in both fasted and semi-fed states, the

secondary PK parameters included AUC between zero and 30 minutes and 60 minutes (AUC<sub>0-</sub>)

 $_{30\min}$  and AUC<sub>0-60min</sub>), time to reach maximum drug concentration (T<sub>max</sub>), and time to reach the

140 the rapeutic paracetamol plasma concentration ( $T_{c\geq 4ug/ml}$ ).

AUC<sub>0-10hrs</sub> was calculated by trapezoidal method. The AUC<sub>0- $\infty$ </sub> was calculated as AUC<sub>0-10hrs</sub> + C<sub>t</sub>/k<sub>e</sub>, where C<sub>t</sub> is the last quantifiable concentration, k<sub>e</sub> is the terminal elimination rate constant and was determined by least squares regression analysis during the terminal log-linear phase of the concentration–time curve. All the other partial AUC values (AUC<sub>0-30min</sub> and AUC<sub>0-60min</sub>) were calculated by the trapezoidal method.

#### 146 Statistical analysis

A linear mixed effects model was used to analyze the logarithmically transformed (natural log) 147 primary PK variables (AUC<sub>0- $\infty$ </sub>, AUC<sub>0-10 hrs</sub> and C<sub>max</sub>) using PROC MIXED in SAS. The model 148 included factors for subjects (as a random effect), period (as a fixed effect) and formulations 149 (treatment, as a fixed effect). The analysis was performed separately for paracetamol and 150 caffeine plasma concentration, for each fasted and semi-fed states. The residual variance from 151 the model was used to construct 90% confidence intervals for the difference between two 152 formulations. These were then back-transformed (antilogged) to obtain point estimates and 90% 153 confidence intervals for the ratio of the treatment geometric means. Bioequivalence was 154

155 concluded if the 90% confidence interval for the treatment mean ratio was completely contained156 within the range 0.80-1.25.

- 157 Secondary PK parameters including AUC<sub>0-30min</sub>, AUC<sub>0-60min</sub>, and T<sub>max</sub> were analyzed using non-
- 158 parametric method Wilcoxon signed-rank test. The 95% confidence intervals for median of
- 159 differences were calculated based on Hodges-Lehmann method.
- 160 In addition, AUC<sub>0-30min</sub>, AUC<sub>0-60min</sub> and  $T_{c\geq 4ug/ml}$  were analyzed using parametric methods as
- 161 described for primary parameters above.

#### 162 Safety evaluation

163 The safety and tolerability of the study treatments was based on adverse events (AEs) reported164 by all subjects following dosing with study formulations.

#### 165 **Results**

### 166 **Demography**

167 Of the 81 subjects screened for this study, 30 were randomized, and 28 of the randomized

subjects completed all four periods of the study. All the randomized subjects completed at leastone treatment period of the study.

- 170 A total of 20 (66.7%) males and 10 (33.3%) females participated in the study. All of these
- subjects were Caucasian. The mean age was 34 years (range 22 to 48 years). The mean weight
- 172 was 67.89 kg (range 48.1 to 88.3 kg), and the mean height was 164.5 cm (range 146 to 182 cm).
- 173 The average BMI was reported as  $25 \text{ kg/m}^2$  (range 20.2 to 29.5 kg/m<sup>2</sup>).

### 174 Pharmacokinetic Results

The mean plasma paracetamol concentration versus time curves for both treatments in the fastedand semi-fed states are presented in Figure 1. Mean plasma caffeine concentration versus time

- 177 curves for both treatments in the fasted and semi-fed states are presented in Figure 2.
- 178 Results for bioequivalence assessment by using PK parameters are summarized in Table 1 and
- 179 Table 2 for paracetamol and caffeine, respectively. In the fasted state, the exposure to
- 180 paracetamol for RAPC was bioequivalent to Panadol<sup>®</sup> Extra for  $AUC_{0-10 \text{ hrs}}$  and  $AUC_{0-\infty}$  with
- 181 90% confidence intervals (CIs), all being within the range 0.80 to 1.25 (Table 1). The two
- treatments were not bioequivalent for  $C_{max}$  in fasted state (Table 1). For exposure to caffeine,
- 183 RAPC was bioequivalent to Panadol<sup>®</sup> Extra for  $AUC_{0-10 \text{ hrs}}$ ,  $AUC_{0-\infty}$  and  $C_{max}$  in fasted state
- 184 (Table 2).
- 185 In the semi-fed state, the exposure to paracetamol for RAPC was bioequivalent to Panadol®
- 186 Extra for AUC<sub>0-10 hrs</sub>, AUC<sub>0- $\infty$ </sub> and C<sub>max</sub> with 90% confidence intervals (CIs), all contained within
- the range 0.80 to 1.25 (Table 1). RAPC was also bioequivalent to Panadol<sup>®</sup> Extra for

188 AUC<sub>0-10 hrs</sub>, AUC<sub>0- $\infty$ </sub> and C<sub>max</sub> in reference to the exposure of caffeine (Table 2).

A summary of the results of the statistical analysis for partial AUC valuess (AUC<sub>0-30 min</sub> and AUC<sub>0-60 min</sub>) and  $T_{max}$  in both fasted and semi-fed states by using non-parametric/parametric

- 191 method (excluding  $T_{max}$ ) are given in Table 3A/3B and Table 4A/4B for paracetamol and
- 192 caffeine, respectively.

In fasted state for paracetamol, RAPC had a significantly greater exposure for  $AUC_{0-30 \text{ min}}$  and AUC<sub>0-60 min</sub> (p <0.0001) and T<sub>max</sub> was significantly shorter (by ~29 minutes, p <0.0001) than Panadol<sup>®</sup> Extra (Table 3A). Similar results were found in the semi-fed state for exposure to

196	paracetamol, $AUC_{0-30 \text{ min}}$ and $AUC_{0-60 \text{ min}}$ were significantly greater and $T_{max}$ was significantly
197	shorter for RAPC (by ~30 minutes, p=0.0198) than Panadol <sup>®</sup> Extra (Table 3A).
198	In the fasted state for caffeine, RAPC showed a significantly higher exposure for $AUC_{0-30 \text{ min}}$ and
199	$AUC_{0-60 \text{ min}}$ (p =0.0009 and 0.0003, respectively) and $T_{max}$ was significantly shorter (by
200	~15 minutes, p=0.0013) than Panadol <sup>®</sup> Extra (Table 4A). Similarly, in the semi-fed state for
201	exposure to caffeine, $AUC_{0-30 \text{ min}}$ and $AUC_{0-60 \text{ min}}$ were significantly greater and $T_{max}$ was
202	significantly shorter for RAPC (by ~30 minutes, p=0.0403) than Panadol <sup>®</sup> Extra (Table 4A).
203	Similar results were obtained based on the extra analysis for the secondary parameters, $AUC_{0-}$
204	$_{30 \text{ min}}$ and $\mathrm{AUC}_{0-60 \text{ min}}$ . In both fasted and semi-fed states, for exposure to paracetamol and
205	caffiene, RAPC was superior to the Panadol Extra (Table 3B & Table 4B).
206	A summary of the results of the statistical analysis for secondary parameter Time to reach
207	plasma paracetamol concentration at therapeutic level (4µg/ml) (Nielsen, 1991; Liu, 2012) is
208	given in Table 5. In fasted state for exposure to paracetamol, RAPC was significantly 60% faster
209	in reaching 4 $\mu$ g/ml (by 12 minutes, p=0.0009) as compared with Panadol <sup>®</sup> Extra. Similar results
210	were observed in semi-fed state, RAPC was 65% quicker in reaching 4 $\mu$ g/ml (by 33 minutes,
211	p=0.0009) as compared with Panadol® Extra (Table 5).

### 212 Safety Results

A total of 18 treatment-emergent AEs were reported in the study by 11 subjects. All were mild in
intensity and 9 of them were treatment-related.

Following RAPC in the fasted state, a total of 5 treatment emergent AEs were reported by four

216 (13.3%) of the 30 subjects (Table 6). These included dizziness, abdominal pain, upper

abdominal pain and diarrhea. Following RAPC in the semi-fed state, a total of six treatment

emergent AEs were reported by 5 (17.9%) of the 28 subjects (Table 6). The treatment emergent

AEs included dizziness, headache, burning sensation, parasthesia and palpitations.

220 Following Panadol<sup>®</sup> Extra, in the fasted state, a total of six treatment emergent AEs were

reported by three (10.3%) of the 29 subjects (Table 6). These included headache, nausea,

222 myalgia, dysacusis, menorrhagia and dry throat. Following Panadol<sup>®</sup> Extra in the semi-fed state,

only one treatment emergent AE, back pain, was reported by one (3.4%) of the 29 subjects

224 (Table 6).

### 225 **Discussion**

The present study was conducted to determine the bioequivalence (AUC<sub>0-10 hrs</sub>, AUC<sub>0- $\infty$ </sub> and C<sub>max</sub>) between two RAPC caplets (containing a total of 1000 mg paracetamol + 130 mg caffeine + 650 mg sodium bicarbonate) and two Panadol<sup>®</sup> Extra caplets (containing a total of 1000 mg paracetamol + 130 mg caffeine) for both paracetamol and caffeine absorption in fasted and semifed states.

Results from this PK study indicated that both the formulations were bioequivalent when dosed in both fasted and semi-fed states as measured by  $AUC_{0-\infty}$  and  $AUC_{0-10 \text{ hrs.}}$ 

233 The absorption of paracetamol from RAPC caplets was significantly faster than that from

Panadol<sup>®</sup> Extra in both fasted and semi-fed states, i.e., RAPC demonstrated shorter  $T_{max}$ , greater

values of  $AUC_{0-30 \text{ min}}$  and  $AUC_{0-60 \text{ min}}$ . In addition, the time to reach therapeutic plasma level of

236 paracetamol ( $T_{c \ge 4\mu g/ml}$ ) was statistically significantly shorter for RAPC caplets. Furthermore, the

addition of sodium bicarbonate in RAPC caplets also resulted in a significantly increased rate of

absorption (shorter  $T_{max}$ , greater AUC<sub>0-30 min</sub> and AUC<sub>0-60 min</sub>) for adjuvant caffeine. Based on the

literature data (Grattan, 2000), the faster rate of absorption obtained for both the ingredients of
RAPC caplets was probably due to the faster gastric emptying rate resulting in the faster delivery
of paracetamol and caffeine to the absorption site in the small intestine. Other factors like
increased dissolution, faster disintegration and alteration in permeability of gastrointestinal tract
epithelium or gastrointestinal mucus may have the contribution for faster rate of absorption
(Hunt, 1960).

Although the C<sub>max</sub> for paracetamol was higher following RAPC caplets ingestion in fasted state, 245 the higher C<sub>max</sub> is still in the range we observed in other clinical studies. One possible 246 explanation for the observed difference is gastric emptying due to addition of sodium 247 bicarbonate are more pronounced in the fasted state (Kelly, 2003). The lower C<sub>max</sub> values of 248 both RAPC and Panadol<sup>®</sup> Extra caplets in the fed state rather than the fasted state are in line with 249 the observation, considerable dilution and retardation of absorption due to food solutes may be 250 responsible for lower C<sub>max</sub> in fed state (Rostami-Hodjegan<sup>b</sup>, 2002). However, RAPC caplets still 251 have faster absorption for paracetamol and caffeine in fed state. 252

#### 253 Conclusion

The current study found that RAPC caplets were bioequivalent to Panadol<sup>®</sup> Extra caplets when dosed in both fasted and semi-fed states with respect to paracetamol and caffeine AUC<sub>0-10 hrs</sub> and AUC<sub>0- $\infty$ </sub>. However, with respect to paracetamol C<sub>max</sub>, although RAPC caplets were bioequivalent to Panadol<sup>®</sup> Extra caplets when dosed in semi-fed state; the treatments were not bioequivalent when dosed in fasted state where C<sub>max</sub> was higher following RAPC caplets.

With respect to caffeine  $C_{max}$ , RAPC caplets were bioequivalent to Panadol<sup>®</sup> Extra caplets when dosed in both fasted and semi-fed states.

- 261 RAPC demonstrated improved PK parameters (such as shorter  $T_{max}$ ,  $T_{c \ge 4ug/ml}$ , greater values of
- AUC<sub>0-30 min</sub> and AUC<sub>0-60 min</sub>) to Panadol<sup>®</sup> Extra in regard to early absorption of paracetamol and
- caffeine in both fasted and semi-fed states.

### 264 Acknowledgement

265 The authors would like to thank Dr. Geoff Clarke for valuable discussion in preparation of this266 manuscript.

### 268 Statement of Conflict of Interest

269	Dongzhou J. Liu, Ph.D.	Dr. Liu is an employee of GlaxoSmithKline Consumer
270		Healthcare, USA. His current position within the company
271		is Principal Clinical Research Scientist.
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273	Agron Collaku, Ph.D.	Dr. Collaku is an employee of GlaxoSmithKline Consumer
274		Healthcare, USA. His current position within the company
275		is Manager Biostatistics.
276		
277	Mark J. Allison, MD	Dr. Allison is an employee of Celerion and was contracted
278		and financially reimbursed by GlaxoSmithKline Consumer
279		Healthcare, USA in respect of the work undertaken in this
280		research.
281		
282	The authors of the reseach article rep	port no conflict of interest
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# Table 1: Testing Bioequivalence between RAPC and Panadol<sup>®</sup> Extra in the Fasted and Semi-fed States for Paracetamol Plasma concentration

		Fasted				Semi-fed	
		Me	ans <sup>1</sup>	Ratio <sup>2</sup>	Means <sup>1</sup>		Ratio <sup>2</sup>
PK Parameters	Comparisons	RAPC	Panadol® Extra	(90% CI) <sup>3</sup>	RAPC	Panadol® Extra	(90% CI) <sup>3</sup>
AUC <sub>0-10 hrs</sub> (µg·hr/mL)	RAPC vs. Panadol <sup>®</sup> Extra	55.4	49.8	1.11 [1.08, 1.15]	49.1	45.8	1.07 [1.04, 1.10]
$\begin{array}{l} AUC_{0\text{-}\infty}\\ (\mu g \cdot hr/mL) \end{array}$	RAPC vs. Panadol <sup>®</sup> Extra	59.2	53.4	1.11 [1.08, 1.14]	52.5	49.6	1.06 [1.03, 1.09]
C <sub>max</sub> (µg/mL)	RAPC vs. Panadol <sup>®</sup> Extra	17.9	14.0	1.28 [1.18, 1.40]	13.8	13.9	1.00 [0.92, 1.08]

1) Means are the exponentiated least squares means of log-transformed variables.

2) Ratio is the exponentiated LS means for difference of the log-transformed data.

376 3)Exponentiated 90% confidence intervals of LS means for difference of the log-transformed data.

### **Table 2: Testing Bioequivalence between RAPC and Panadol® Extra in the Fasted and**

379 Semi-fed States for Caffeine Plasma concentration

380

		Fasted			Semi-fed		
РК	<b>a</b> .	Me	ans <sup>1</sup>	Ratio <sup>2</sup>	Means <sup>1</sup>		Ratio <sup>2</sup>
Parameters	Comparisons	RAPC	Panadol® Extra	(90% CI) <sup>3</sup>	RAPC	Panadol® Extra	(90% CI) <sup>3</sup>
AUC <sub>0-10 hrs</sub>	RAPC vs. Panadol <sup>®</sup> Extra	24.8	23.0	1.08	22.6	20.7	1.09
(µg·hr/mL)				[1.05, 1.11]			[1.07, 1.12]
AUC <sub>0-∞</sub> (μg·hr/mL)	RAPC vs. Panadol <sup>®</sup> Extra	42.3	38.4	1.10	37.9	35.3	1.08
				[1.04, 1.16]			[1.02, 1.13]
C <sub>max</sub> (µg/mL)	RAPC vs. Panadol <sup>®</sup> Extra	PC vs. nadol <sup>®</sup> 3.9 Extra	3.6	1.09	3.4	3.3	1.03
				[1.04, 1.13]			[0.99, 1.08]

381

382 1) Means are the exponentiated least squares means of log-transformed variables.

2) Ratio is the exponentiated LS means for difference of the log-transformed data.

384 3) Exponentiated 90% confidence intervals of the LS means for difference of the log-transformed data.

### 386 Table 3A: Results of Analyses for AUC<sub>0-30 min</sub>, AUC<sub>0-60 min</sub> and T<sub>max</sub> for paracetamol in

387 fasted and semi-fed state using non-parametric method.

		Faste	ed	Semi-fed		
РК	Commoniacon	Median Diff. <sup>1</sup>		Median Diff. <sup>1</sup>		
Parameters	Comparison	95% CI <sup>3</sup>	P-value <sup>2</sup>	95% CI <sup>3</sup>	P-value <sup>2</sup>	
$AUC_{0-30 \text{ min}}$	RAPC vs. Panadol <sup>®</sup>	2.31	<.0001	1.90	<.0001	
(µg·nr/mL)	Extra	(1.41, 3.19)		(1.15, 2.34)		
AUC <sub>0-60 min</sub>	RAPC vs. Panadol®	4.72	<.0001	5.2	<.0001	
(µg·hr/mL)	Extra	(2.63, 6.54)		(3.48, 6.77)		
T <sub>max</sub> (hr)	RAPC vs. Panadol <sup>®</sup>	-0.48	<.0001	-0.50	0.0198	
	Extra	(-0.52, -0.25)		(-0.51, -0.00)		

388 1) Hodge-Lehmann estimate of median difference between two treatments.

389 2) Probability associated with Wilcoxon signed rank test.

3) 95% Confidence Intervals for median of differences is based on Hodges-Lehmann method.

### 392 Table 3B: Results of Analyses for AUC<sub>0-30 min</sub> and AUC<sub>0-60 min</sub> for paracetamol in fasted and

393 semi-fed state using parametric method.

		Fasted			Semi-fed		
РК	Companisons	Means <sup>1</sup>		Ratio <sup>2</sup>	Means <sup>1</sup>		Ratio <sup>2</sup>
Parameters	Comparisons	RAPC	Panadol® Extra	(90% CI) <sup>3</sup>	RAPC	Panadol® Extra	(90% CI) <sup>3</sup>
AUC <sub>0-30 min</sub> (µg·hr/mL)	RAPC vs. Panadol <sup>®</sup> Extra	4.4	1.7	2.52 [1.80, 3.53]	1.8	0.1	17.11 [8.66, 33.82]
AUC <sub>0-60 min</sub> (µg·hr/mL)	RAPC vs. Panadol <sup>®</sup> Extra	12.6	7.0	1.79 [1.44, 2.23]	7.4	1.8	4.25 [2.64, 6.86]

1) Means are the exponentiated least squares means of log-transformed variables.

2) Ratio is the exponentiated LS means for difference of the log-transformed data.

396 3)Exponentiated 90% confidence intervals of LS means for difference of the log-transformed data.

397

### 399 Table 4A: Results of Analyses for AUC<sub>0-30 min</sub>, AUC<sub>0-60 min</sub> and T<sub>max</sub> for caffeine in fasted

### 400 and semi-fed state using non-parametric method.

		Fast	ted	Semi-fed		
PK Parameters	Comparison	Median Diff. <sup>1</sup> 95% CI <sup>3</sup>	P-value <sup>2</sup>	Median Diff. <sup>1</sup> 95% CI <sup>3</sup>	P-value <sup>2</sup>	
AUC <sub>0-30 min</sub> (µg·hr/mL)	RAPC vs. Panadol <sup>®</sup> Extra	0.34 (0.16, 0.54)	0.0009	0.37 (0.26, 0.47)	<.0001	
AUC <sub>0-60 min</sub> (µg·hr/mL)	RAPC vs. Panadol <sup>®</sup> Extra	0.72 (0.37, 1.00)	0.0003	1.13 (0.75, 1.44)	<.0001	
T <sub>max</sub> (hr)	RAPC vs. Panadol <sup>®</sup> Extra	-0.25 (-0.50, -0.22)	0.0013	-0.50 (-0.50, -0.00)	0.0403	

401 1) Hodge-Lehmann estimate of median difference between two treatments.

402 2) Probability associated with Wilcoxon signed rank test.

403 3) 95% Confidence Intervals for median of differences is based on Hodges-Lehmann method.

### 405 Table 4B: Results of Analyses for $AUC_{0-30 \text{ min}}$ and $AUC_{0-60 \text{ min}}$ for caffeine in fasted and 406 semi-fed state using parametric method.

		Fasted			Semi-fed		
РК	Comparisons	Means <sup>1</sup>		Ratio <sup>2</sup>	Means <sup>1</sup>		Ratio <sup>2</sup>
Parameters	Comparisons	RAPC	Panadol® Extra	(90% CI) <sup>3</sup>	RAPC	Panadol® Extra	(90% CI) <sup>3</sup>
AUC <sub>0-30 min</sub> (μg·hr/mL)	RAPC vs. Panadol <sup>®</sup> Extra	0.9	0.6	1.62 [1.35, 1.95]	0.4	0.1	5.11 [3.60, 7.23]
AUC <sub>0-60 min</sub> (µg·hr/mL)	RAPC vs. Panadol <sup>®</sup> Extra	2.8	2.1	1.35 [1.21, 1.50]	1.8	0.6	2.91 [2.16, 3.94]

1) Means are the exponentiated least squares means of log-transformed variables.

408 2) Ratio is the exponentiated LS means for difference of the log-transformed data.

409 3) Exponentiated 90% confidence intervals of the LS means for difference of the log-transformed data.

410

## Table 5: Time to reach plasma paracetamol concentration at therapeutic level (4ug/ml) for RAPC and Panadol Extra in fasted and semi-fed state

412

	Time (hours) Fasted State				Time (hours) Semi-Fed State			
Term	<b>RAPC</b> <sup>1</sup>	<b>Panadol® Extra</b> 1	Diff. <sup>2</sup> (%)	P- value <sup>3</sup>	<b>RAPC</b> 1	<b>Panadol® Extra</b> 1	Diff. <sup>2</sup> (%)	P- value <sup>3</sup>
$T_{\underset{4}{\mathbb{C}}\geq4\mu\text{g/ml}}$	0.14	0.34	-0.20 (59.5)	0.0009	0.30	0.85	-0.55 (64.3)	<.0001

414

415 1 Least square (LS) means from Proc mixed of SAS for time to reach 4 μg/ml for RAPC and Panadol Extra.

416 2Difference between LS mean of RAPC with Panadol Extra in hours and as a percentage of LS mean time of

417 Current Product.

418 3 P-value from Proc mixed of SAS.

419 4  $T_{C \ge 4\mu g/ml}$  is time to reach plasma paracetamol concentration equal or greater than  $4\mu g/ml$ .

420

### 422 Table 6: Overall Summary of AEs

	Treatment A	Treatment B	Treatment C	Treatment D
Number of Subjects	30	28	29	29
Number (%) of Subjects with treatment-	4 (13.3)	5 (17.9)	3 (10.3)	1 (3.4)
Number (%) of Subjects with SAE	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)
Number (%) of Subjects with treatment-	4 (13.3)	3 (10.7)	1 (3.4)	0 (0.0)
related AEs				
Total Number of treatment emergent AEs	5	6	6	1
Total Number of SAEs	0	0	0	0
Total Number of treatment-related AEs	5	3	1	0

423Treatment A = RAPC in fasted stateTreatment B = RAPC in semi-fed state

424 Treatment C = Panadol® Extra in fated state

Treatment D =Panadol® Extra in semi-fed state

426

427 Figure 1: Mean plasma paracetamol concentration for RAPC and Panadol<sup>®</sup> Extra



433

434 Figure 2: Mean plasma caffeine concentration for RAPC and Panadol<sup>®</sup> Extra

