

**Title: Phytochemical Screening and Investigation of the Central and Peripheral Analgesic and Anti-Inflammatory activity of ethanol extract of Hiptage Bengalensis (L) Kurz**

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**ABSTRACT**

**Aims:** Hiptage Bengalensis is used in the traditional system of medicine. The leaf is considered one of the important plant organs for the treatment of various diseases such as rheumatism, leprosy, wounds, ulcer, burning sensation, scabies, inflammation and cough. Hence, the present study has been undertaken to evaluate chemical constituents of the leaf with pharmacological activities.

**Study Design:** Our present studies were focused to evaluate probable analgesic and anti-inflammatory effect and its mechanisms of ethanol extract of Hiptage Bengalensis in laboratory animals and its statistical significance.

**Place and Duration of Study:** The experiments were carried out in Pharmacology lab of Department of Pharmacy North South University Dhaka, Bangladesh during the period of June 2012-February 2013.

**Methodology:** Carrageenan induced Hind Paw Edema test in Long Evans rat was the experiment for anti-inflammatory activity of the ethanol extract of Hiptage Bengalensis while Hot Plate test and Acetic Acid induced Writhing method were was carried out to assess its

analgesic activity in Swiss albino mice. At two different doses of 250 and 500 mg/kg body weight, the analgesic test was evaluated on mice and the anti-inflammatory test was evaluated on rats by the ethanol extract of the leaf.

**Result:** Phytochemical analysis of ethanol extract of *Hiptage Bengalensis* has indicated the presence of steroid, carbohydrate, flavonoid, alkaloid, tannin, phenol and, mangiferin and terpenoids-compounds.

The experimental activities for the ethanol extract of *Hiptage Bengalensis* exhibited statistically significant ( $p < 0.05$ ) anti-inflammatory activity in Carrageenan induced Hind Paw Edema in Long Evans rat and analgesic activity by Hot Plate and acetic acid induced writhing method in Swiss albino mice.

**Conclusion:** In conclusion, these observations provide evidence and possible mechanisms of action for the anti-inflammatory and analgesic properties of leaf of *Hiptage Bengalensis* claimed in Ayurveda medicine.

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*Keywords: Analgesic, Anti-inflammatory, Carrageenan, Hiptage Bengalensis, Phytochemical*

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## 1. INTRODUCTION

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Nature has been a source of medicinal agents for thousands of years and an impressive number of modern drugs have been isolated from natural sources, many of which based on their use in traditional medicine. It has been noted that the original source of many important pharmaceuticals currently in use have been plants used by indigenous people [1]. Herbal medicine or phytomedicine refers to the use of any plant's seeds, berries, roots, leaves, bark, or flowers for medicinal purposes [2]. In this paper, we analyzed the analgesic and anti-inflammatory property of leaves of *H. Bengalensis*.

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Pain has been defined by The International Association for the Study of Pain as an unpleasant sensory and emotional experience associated with actual or potential tissue damage [3]. This process enables an individual to take protective measures, by providing with rapid awareness about threatening or potentially threatening injury [4]. However, if the painful sensation remains after removal of the detectable stimulus, it calls for a regimen for pain management [5].

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*Hiptage Bengalensis (L) Kurz* belongs to the family Malphigiaceae. The plant has strong therapeutic potential thus occasionally cultivated for medicinal purposes in the alternative medicine practice *Ayurveda*. The leaves of *H. benghalensis (L.) Kurz* are used in treating skin diseases in Burma and the bark is used to heal wounds in Indonesia. In India, *H. benghalensis (L.) Kurz* is widely used to treat cough, asthma, leprosy and also to quench thirst. According to some researches the therapeutic actions of this plant may be due to the presence of mangiferin, which is known to be anti-inflammatory, hepatoprotective, antioxidant, and antimicrobial.

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## 2. MATERIAL AND METHODS

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Hot Plate (Model – 35100, UGO BASILE, ITALY), Electronic Balance (Ohaus manufacturer, Canada), Refrigerator (Butterfly Marketing Ltd, LG), Rotary evaporator (Eyela n 1000, Tokyo Rikaki Kai Co. Ltd, Rotary vacuum, Japan), Beakers, Petri dishes & glass wrought, Safety rat handling gloves, Mortar & pestle., Hypodermic Syringes, Holder & test tube, Plethysmometer (Ugo Basline SLR model-7140, Italy)

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68 **2.1 Medicinal plants (extracts)**

69 Ethanol extract of *H.Benghalensis* were examined in two concentrations of 500mg/kg and  
70 250mg/kg body weight of animal.

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72 **2.2. Control & Positive Control**

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74 **2.2.1. Analgesic activity**

75 1. Control – distilled water

76 2. Positive control – Diclofenac sodium (Beximco Pharma, Bangladesh)

77 Administered dose – 50mg/kg body weight animal

78 **2.2.2. Anti-inflammatory activity**

79 1. Control –Distilled water

80 2. Positive control – Diclofenac sodium

81 Administered dose – 50mg/kg body weight animal

82 **2.3. Experimental animal**

83 Swiss albino mice (male and female), weighing 20-30g bred in International Centre for  
84 Diarrheal Diseases and Research, Bangladesh(ICDDR,B) and grown in the Animal House of  
85 the Department of Pharmacy, North South University (NSU). Long Evans rats (male and  
86 female), weighing 100-170g of either sex, bred in NSU and ICDDR, B and grown in the  
87 animal house of the Department of Pharmacy NSU. All the animals were acclimatized one  
88 week prior to the experiments .The animals were housed under standard laboratory  
89 conditions (relative humidity 55-65%, room temperature  $25.0\pm 2^{\circ}\text{C}$ , and 12 hours light dark  
90 cycle). The animals were fed with standard diet from ICDDR, B and had free access to  
91 filtered water [6, 7].

92 **2.4. Plant Extraction method**

93 **2.4.1. Collection**

94 The plant sample of *Hiptage Benghalensis* was collected from Ayurvedic Institution 'Back to  
95 Nature' on 18.06.2012 in the form of leaf shavings. The leaves of the plant were collected  
96 and washed with water several times.

97 **2.4.2. Drying and grinding**

98 The collected plant leaves were washed with water, separated from undesirable materials or  
99 plant parts, partially dried by fan aeration and then fully dried in the oven at below  $40^{\circ}\text{C}$  for 2  
100 days. The fully dried leaves were then grinded to a powdered form and stored in the  
101 refrigerator at  $+4^{\circ}\text{C}$  for a few days.

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103 **2.4.3. Cold extraction (Ethanol extraction)**

104 103gram of powdered material were taken in a clean, flat bottomed glass container and  
105 soaked in 500 ml of 80%ethanol, sealed and kept for a period of 2 days with occasional  
106 shaking and stirring. It was then filtered first by cotton material and twice through whatman  
107 filter paper to obtain a finer filtrate. The filtrate (Ethanol extract) obtained was evaporated by  
108 Rotary evaporator at 4 to 5 rpm and at 65°C temperature. The separated filtrate was found to  
109 be a precipitate of dark green color and the gummy concentrate was designated as the  
110 crude ethanol extract of the leaves of *Hiptage Bengalensis*. It was then dried in the freeze  
111 drier and preserved at +4°C for two weeks.

112 **2.5. Phytochemical Analysis**

113 **2.5.1. Study Design**

114 Qualitative phytochemical tests for the identification of alkaloids, flavonoids, steroids, gum  
115 and carbohydrates, reducing sugar, saponins, tannin and terpenoids were carried out for the  
116 plant extract by the method described by Harborne and Sazada [8,9]. The freshly prepared  
117 extract of *Hiptage Bengalensis* was qualitatively tested for the presence of chemical  
118 constituents. Phytochemical screening of the extract was performed using the following  
119 reagents and chemicals: Alkaloids with Wagner reagent, flavonoids with the use of  
120 concentrated HCl, tannins with 0.1% ferric chloride, and saponins with ability to produce  
121 suds. Gum was tested using Molish reagents and concentrated sulfuric acid, steroids with  
122 sulfuric acid, reducing sugar with the use  $\alpha$ -naphthol and sulfuric acid and terpenoids with  
123 chloroform and conc. HCl.

124 **2.6. Analgesic activity of Hiptage Bengalensis**

125 **2.6.1. Study design**

126 Experimental animals were randomly selected and divided into four groups denoted as  
127 group-I, group-II, group-III, group-IV consisting of 6 mice in each group individual weighing  
128 was done to adjust individual doses. Here, distilled water was given to group-I, 50 mg/kg  
129 Diclofenac sodium for group II, 250 mg/kg for group III and 500mg/kg for group IV of the  
130 crude extract of *Hiptage Bengalensis*.

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132 **2.6.2. Mice Screening**

133 Young Swiss-albino mice aged 4-5 weeks, average weight 25-30 gram were used for this  
134 study. They were kept in standard environmental condition for one week in the animal house  
135 of the Department of Pharmacy, North south University, Bangladesh for adaptation after their  
136 purchase. The animals were provided with standard laboratory food and tap water *ad libitum*  
137 and maintained at natural day night cycle. Mice screening was performed before Hot plate  
138 test. In that experiment mice with significant response action (Licking, Shaking and Jumping)  
139 and response time (at the range of 0-20 seconds) were selected.

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143 **2.6.3. Hot plate test method**

144 The Hot plate test was performed on the test subjects in a slightly modified version from the  
145 one described earlier [10]. Mice were divided into four groups consisting of six animals in  
146 each group. The mice of each group were placed in the Hot Plate apparatus maintained at a  
147 temperature of  $55^{\circ} \pm 0.2^{\circ}\text{C}$  for a maximum time of 20 second per exposure in order to obtain  
148 its response to electrical heat induced pain stimulus but at the same time to prevent blister  
149 formation and skin damage which might affect the result. Licking of the paws or jumping out  
150 of the beaker was taken as an indicator of the animal's response to heat-induced pain  
151 stimulus. The time for each mouse to lick its paws or jump out of the beaker was taken as  
152 reaction time (S). Before treatment, the reaction time was taken once. The mean of this one  
153 determination constituted initial reaction time before treatment of each group mice. Each of  
154 the test group were thereafter treated with Distilled Water (50mg/kg of body wt), Diclofenac  
155 Sodium (50 mg/kg of body wt) and ethanol extract at the doses of *H.Benghalensis* 250  
156 mg/kg and 500 mg/kg body wt. orally. Reaction time was recorded as *latency period*, when  
157 the animals licks their hind and fore paws and jumped at 0, 30, 60,120,180 and 240 minutes  
158 after the treatment..

159 Percent analgesic score was calculated as:

160  $(1)(\text{PAS}) = \text{Tb}-\text{Ta}/\text{Tb} \times 100$

161 Where, Tb= Reaction time (in second) before drug administration

162 Ta = Reaction time (in seconds) after drug administration

163 **2.6.4. Acetic acid induced writhing test in mice**

164 The analgesic activity of the samples was evaluated using acetic acid induced writhing  
165 method in mice. In this method, acetic acid is administered intra-peritoneally to the  
166 experimental animals to create pain sensation. As a positive control, any standard NSAID  
167 drug can be used. In the present study as a positive control Diclofenac sodium was used to  
168 serve the purpose of standard NSAID. The plant extract was administered orally in two  
169 different doses (250 and 500 mg/kg body weight) to the Swiss Albino mice after an overnight  
170 fast. Test samples and vehicle were administered orally 30 minutes prior to intra-peritoneal  
171 administration of 0.7% v/v acetic acid solution (0.1ml/10g) but Diclofenac sodium was  
172 administered 15 minutes prior to acetic acid injection. **Animals were kept individually in glass  
173 beaker for observation.** Each mouse of all groups were observed individually for counting the  
174 number of writhing they made in 15 minutes commencing just 5 minutes after the intra  
175 peritoneal administration of acetic acid solution. Full writhing was not always accomplished  
176 by the animal, because sometimes the animals started to give writhing but they did not  
177 complete it. This incomplete writhing was considered as half-writhing. Accordingly, two half-  
178 writhing were taken as one full writhing. The number of writhes in each treated group was  
179 compared to that of a control group while Diclofenac sodium (50 mg/kg) was used as a  
180 reference substance (positive control).

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185 **2.7. Anti-inflammatory Effect of *Hiptage Bengalensis***

186 **2.7.1. Preparation of inflammatory agent**

187 Preparation of inflammatory agent Carrageenan was used as inflammatory agent in this  
188 experiment. It was obtained from Jahangirnagar University. Carrageenan powder was  
189 suspended in 5 ml saline to make 0.1% suspension and kept in water bath for proper  
190 homogenization. The tube was kept in hot water (50±2°C) containing beaker to prevent  
191 transformation into a jelly like compound.

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193 **2.7.2. Carrageenan-induced Rat Hind Paw Edema test**

194 The ethanol extract of *Hiptage Bengalensis* on carrageenan induced inflammation in rat  
195 paw was investigated by following the method described previously.[11] Rats were randomly  
196 divided into four groups, each consisting of six animals, (weighing 150-200 gram) of which  
197 Group I was kept as control giving only water. Group II was given carrageenan as  
198 inflammatory agent. Group III and Group IV were given the test sample at the dose of 250  
199 and 500 mg/kg body weight respectively. Half an hour after oral administration of the test  
200 materials, 0.1ml 0.1% carrageenan suspension was injected subcutaneously in left hind paw  
201 of each animal leading to the formation of edema *in situ* (localized inflammation). The  
202 volume of paw edema was measured at 1, 2, 3, 6, and 8 hours using water Plethysmometer  
203 after administration of carrageenan. The right hind paw served as a reference non inflamed  
204 paw for comparison. The average percent increase in paw volume with time was calculated  
205 and compared against the control group. Percent inhibition was calculated using the formula:

206 **(2)% Inhibition of paw edema = [1- (Vt / Vc)] X 100**

207 Where Vc and Vt represent average paw volume of control and treated animal respectively

208

209 **2.8 Statistical analysis**

210 All the results were expressed as Mean ± Standard deviation (SD). Data was analyzed using  
211 one-way ANOVA followed by Dunnett's t-test. The results obtained were compared with the  
212 vehicle control group. The P values P<0.05, P< 0.01 and P< 0.001 were considered as  
213 statistically significant. The confidence interval is 95%. All the statistical tests were carried out  
214 using SPSS statistical software.

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216 **3. RESULTS AND DISCUSSION**

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218 **3.1. Phytochemical screening**

219 Phytochemical screening of the ethanol extract of *H. Bengalensis* leaf and stem revealed  
220 the presence of various bioactive components such as tannins, flavonoids, saponins, gums,  
221 steroids, alkaloids, reducing sugar and terpenoids [12]. The result of phytochemical test has  
222 been summarized in the table below-

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225 **Table 1: Result of Phytochemical Screening of Plant Extract**  
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<i>Hiptage Benghalensis</i> Extract	Leaf						
	Tannins	Saponins	Flavinoids	Gums & Carbohydrates	Alkaloids	Reducing Sugars	Terpenoids
80% ethanol	+++	++	++	+++	+++	+++	+++

227 Symbol (+) indicates presence of phytochemicals.

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229 **3.2. Analgesic activity**

230 **Table 2: Analgesic effect of the ethanol extract of *H.Benghalensis* using the hot –plate**  
 231 **method. Statistical evaluation of the results shown in table:**  
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Treatment Group	Dose	Latency Period(s)					
		0 min	30min	1h	2h	3h	4h
Control	-----	10.70±.847	9.66±.937	8.00±.814	6.58±.641	5.52±.549	5.00±.443
Standard	50mg/kg	9.14±.524	11.02±1.00	12.60±.945	14.16±1.076***	15.96±.676***	12.48±.698***
<i>H.Benghalensis</i>	250mg/kg	7.68±.851	9.28±1.09	10.32±1.12**	11.28±1.07**	12.54±.912***	10.18±.747***
<i>H.Benghalensis</i>	500mg/kg	7.65±.312	9.22±.285	10.34±.273	11.72±.233**	12.68±.177***	10.19±.163***

233 Values in the results are expressed as mean ± SEM., Data was analyzed using one-way ANOVA followed by Dunnett's t-test. The  
 234 results obtained were compared with the vehicle control group. The P values \*P<0.05, \*\*P< 0.01 and \*\*\*P< 0.001 were considered as  
 235 statistically significant.

236

237 **Table3: Percent inhibition of the standard and two different concentrations of the**  
 238 **extract compared with their respective means at 0 hour**

239

Treatment group	Dose	% Inhibition				
		30min	1h	2h	3h	4h
Standard	50mg/kg	20.56	37.00	54.90	74.61	36.54
H.Benghalensis	250mg/kg	20.83	34.37	46.87	63.28	32.55
H.Benghalensis	500mg/kg	20.52	35.16	53.20	67.75	33.20

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243 **3.2.1. Effect of plant extract on Hot-Plate test**

244 The ethanol extract of *H.Benghalensis* exhibited statistically significant ( $p > 0.05$ ) analgesic  
245 effect in hot plate test of white albino mice. This was determined by analyzing data using one  
246 way ANOVA followed by Dunnet's post hoc test. However, the data shows that the dose  
247 dependent effect reached 67.75% at 180 minutes and 63.28% at the 180 minutes at the  
248 doses of 500 and 250 mg/kg-body weight respectively.

249 **Table 4 :Result of Analgesic Activity of Hiptage Benghalensis in Acetic Acid Method**  
250 **Statistical evaluation of the results shown in table:**

<i>Treatment</i>	<i>Dose</i>	<i>Total Writhing Counts</i>					<i>Mean± SEM</i>	<i>% Inhibition</i>
Control	-----	23	27	29	47	32	31.6000±4.11825	
Standard	50mg/kg	14	18	16	17	13	15.6000±.92736***	50.00%
H.Benghalensis	250mg/kg	19	19	21	21	18	21.4000±1.96469***	37.66%
H.Benghalensis	500mg/kg	16	18	7	11	18	14.0000±2.16795***	55.69%

251

252 Values are expressed as Mean±S.E.M. Differences between groups are determined by One-Way ANOVA followed by post hoc Dunnet test.  
253 \* $p < 0.05$ , \*\* $p < 0.01$  and \*\*\* $P < 0.001$  compared to the control treated group.  
254

255 **3.2.2 Effect of plant extract on Acetic Acid Writhing Test**

256 Table 4 shows the effects of the extracts of *H.Benghalensis* on acetic acid induced writhing  
257 in mice. Both doses of the plant extract showed significant reduction ( $p < 0.05$ ) of writhing  
258 induced by the acetic acid after oral administration in a dose dependent manner. After oral  
259 administration of two different doses- 250 and 500 mg/kg body weight, the percent inhibition  
260 was 37.66% & 55.69% respectively.  
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270 **3.3. Anti-inflammatory Activity**

271 **Table 5: Anti-inflammatory effect of ethanol extract of *Hiptage Bengalensis* on carrageenan**  
 272 **induced rat paw inflammation.**

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274

Treatment Group	Dose	Volume of Paw(ml)					
		0 min	1 h	2h	3 h	6 h	8 h
Control	----	.71±.055	.88±.077	1.18±.007	1.46±.063	1.55±.066	1.62±.065
Standard	50mg/kg	.65±.039	.85±.058	.99±.036	1.24±.046	1.02±.028***	.79±.020***
H.Benghalensis	250mg/kg	.67±.057	.99±.101	1.19±.077	1.28±.054	1.09±.053***	.92±.032***
H.Benghalensis	500mg/kg	.68±.031	1.02±.081	1.21±.056	1.29±.131	1.08±.038***	.89±.027***

275 Values are expressed as Mean±S.E.M. Differences between groups are determined by One-Way ANOVA followed by post hoc Dunnet test.

276 \*p<0.05, \*\*p<0.01 and \*\*\*P< 0.001 compared to the control treated group.

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278 **Table 3. Effect of PRS on nociceptive responses in the tail immersion test at different**  
 279 **observation**

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281 **Table 6: Percent inhibition of the standard and two different concentrations of the extract**  
 282 **compared with their respective means at 0 hour**

283

Treatment	Dose	%inhibition				
		1 h	2 h	3 h	6 h	8 h
Standard	50mg/kg	29.97	51.68	89.91	56.27	20.49
H.Benghalensis	250mg/kg	48.61	77.08	91.07	63.54	36.61
H.Benghalensis	500mg/kg	48.74	77.19	88.88	57.89	29.53

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285 **3.3.1. Effect of plant extract on Carrageenan-induced Hind Paw Edema**

286 The ethanol extract of *H.Benghalensis* exhibited statistically significant (p<0.05) anti-  
 287 inflammatory activity in Carrageenan-induced Hind Paw Edema of rat. This was determined  
 288 by analyzing data using one way ANOVA followed by Dunnet's test. In control animals, the  
 289 sub plantar injection of carrageenan produced a local edema that increased progressively to  
 290 reach a maximal intensity four hours after the injection of the phlogistic agent. Ethanol  
 291 extract of *H.Benghalensis* showed a significant dose depended reduction at both 250 and  
 292 500mg/kg body weight. However significant inhibition of edema was found to be 63.54% and  
 293 57.89% at six hour of study at a dose of 250 and 500mg/kg body weight respectively.  
 294 Further significant inhibition was to be 36.61% and 29.53% at eight hour of study at a dose  
 295 of 250 and 500mg/kg body weight respectively.

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### 298 **3.4. Acute toxicity**

299 Oral administration of graded doses (250 & 500mg/kg) of the ethanol extract of  
300 H.Benghalensis to rats and mice did not produce any significant changes in behavior,  
301 breathing, cutaneous effects, sensory nervous system responses or gastrointestinal effects  
302 during the observation period. No mortality was recorded in any group after 24h of  
303 administering the extract to the animal.

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## **4. DISCUSSION**

306 It's a long and tedious process to isolate pure, pharmacologically active constituents from plants.  
307 Thus, it is necessary to have methods available which eliminate unnecessary separation  
308 procedures. Chemical screening is thus performed to allow localization and targeted isolation of  
309 new or useful constituents with potential activities. This procedure enables recognition of known  
310 metabolites in extracts or at the earliest stages of separation and is thus economically very  
311 important [13,14].

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313 Preliminary qualitative phytochemical screening of H.Benghalensis stem extract exhibited the  
314 presence of Tannins, saponins, flavonoids, carbohydrates and gums, reducing sugars,  
315 alkaloids, and terpenoids. Therefore it is assumed that these compounds may be responsible  
316 for the observed analgesic activity.

317 The presence of flavonoids represents the possibility of some biological activity of the extracts  
318 of H.Benghalensis. Such as it can modify allergens, viruses, and carcinogens indicating  
319 flavonoids have potential to be biological "response modifiers". It can also be used as an anti-  
320 allergic, anti-inflammatory [15], anti-microbial and anti-cancer activities. Flavonoids were  
321 reported to have a role in analgesic activity primarily by targeting prostaglandins [16, 17].  
322 Flavonoids and other phenolic compounds of plant origin have been reported as antioxidants  
323 and as scavengers of free radicals. Antioxidants can also exert anti-inflammatory effects [18].

324 The presence of tannins represents the possibility of some biological activity of the extracts of  
325 H.Benghalensis. Such as antidiarrheal, hemostatic, antihemorrhoidal, anti-inflammatory,  
326 astringent, anti-infective. It can be used for immediate relief of sore throats, diarrhea, dysentery,  
327 hemorrhaging, fatigue, skin ulcers and as a cicatrizant on gangrenous wounds. It may have anti-  
328 viral effect which tannins have. It can also be used against poisons. There are also reports on  
329 the role of tannins in anti-nociceptive activity [19]. Besides, alkaloids are well known for their  
330 ability to inhibit pain perception [20].

331 As a result of adverse side effects, like gastric lesions, caused by NSAIDs and tolerance and  
332 dependence induced by opiates, the use of these drugs as anti-inflammatory and analgesic  
333 agents have not been successful in all the cases. Therefore, new anti-inflammatory and  
334 analgesic drugs lacking those effects are being searched all over the world as alternatives to  
335 NSAIDs and opiates. During this process, the investigation of the efficacy of plant-based drugs  
336 used in the traditional medicine have been paid great attention because they are cheap, have  
337 little side effects and according to WHO still about 80% of the world population rely mainly on  
338 plant-based drugs [21].

339 Effect of ethanol extract of *Hiptage Bengalensis* in hot plate method is shown in the figures. It  
340 is one of the most common test for evaluating the analgesic efficacy of drugs/compounds. The  
341 paws of mice and rats are very sensitive to heat at temperature which is not damaging to the  
342 skin. The responses are shaking, jumping, withdrawal of the paws and licking of the paws. The  
343 time until this response is prolonged after administration of centrally acting analgesics.  
344 *H.Benghalensis* extract at the dose of 250 and 500 mg/kg showed the significant ( $P<0.05$ )  
345 increase in latency time as compared to control. Positive control Diclofenac Na showed  
346 significant ( $P<0.05$ ) analgesic activity at the dose of 50 mg/kg. The analgesic activity was  
347 expressed as mean increase in latency after drug administration  $\pm$ SEM. *H.Benghalensis*  
348 exhibited potent analgesic activity at the dose levels of 250 and 500mg/kg. These extracts show  
349 analgesic activity at low dose of 250mg/kg even in first hour in test. These results indicate that  
350 ethanol extract of *H.Benghalensis* can produce significant analgesic effect.

351 Carrageenan induced paw edema is most widely use acute inflammatory model for studying  
352 anti-inflammatory activity and it includes two phases. First phase occurs within an hour of  
353 injection of phlogistic agent and is mediated through release of histamine serotonin and kinin.  
354 While the second phase which can be measured around 3 to 4 hours is related to release of  
355 prostaglandins . Carrageenan-induced edema involves the synthesis or release of mediators at  
356 the injured site. These mediators cause pain and fever [22]. Inhibitions of these mediators from  
357 reaching the injured site or from bringing out their pharmacological effects normally ameliorate  
358 the inflammation and other symptoms. In the present study, it has been shown that the ethanol  
359 extract of the *H.Benghalensis* possess a significant anti-edematogenic effect on paw edema  
360 induced by carrageenan. Slight inhibition of inflammation is observed in first phase and  
361 maximum in second phase, which is mainly due to release of prostaglandins. The possible anti-  
362 inflammatory effect may be due ro inhibition of cyclooxygenase enzyme which catalyzes the  
363 biosynthesis of prostaglandins and thromboxane from arachidonic acid. There are reports that  
364 flavonoids possess anti-inflammatory activity and some act as phospholipase inhibitors [23, 24,  
365 25]. Such inhibitors are able to decrease the inflammatory response to Carrageenan in rats [26,  
366 27].

367

## 368 5. CONCLUSION

369 The present study indicated that the ethanol extract of *H.Benghalensis* may have potential use  
370 in medicine. In our study, the ethanol extract of the plant showed significant dose dependent  
371 inhibition of paw edema and significant analgesic effect. Now our next aim is to isolate the  
372 leading compounds and to establish their chemical structure as well. Further studies should be  
373 undertaken to correlate the pharmacological activities with the chemical constituents of the leaf  
374 of *H.Benghalensis* and uncover specific mechanisms of action so that we may find a viable  
375 natural alternative to the traditional NSAIDs. Thus, it is concluded that the ethanol extract of leaf  
376 of *Hiptage Bengalensis* produce significant anti-inflammatory and analgesic activities in dose  
377 defendant manner.

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## COMPETING INTEREST

Authors have declared that no competing interests exist.

## AUTHORS' CONTRIBUTIONS

1. Shehla .U. Hridi\* (Student, Research worker and Editor)
  2. Nafisa Ferdous (Student, Research worker and Co-editor)
  3. MD. Fakhar Uddin Majumder (Lab and Research Assistant)
  4. Dr. JMA Hannan (Research Supervisor)
- All authors read and approved the final manuscript.

## CONSENT

Not applicable

## ETHICAL APPROVAL

All authors hereby declare that "Principles of laboratory animal care (NIH publication No. 8523, revised 1985) were followed, as well as specific national laws were applicable. All experiments have been examined and approved by the appropriate ethics committee of North South University.

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