

Editor's Comment:-

The authors are encouraged to re-submit a de-novo manuscript, modified according to the reviewers' suggestions.

Noteworthy, the study should include more patients, the authors should detail more data, and, most importantly, the paper should be easier to read.

Author Feedback:

I have had 5 reviews – one reviewer is not satisfied with my manuscript but is not able to give any clear indication why not. I have modified the manuscript already with respect to the reviewer's comments.

I request for this paper to be published as I have dealt with all reviewer comments properly.

The emphasis of the paper, which is important in cardiac rehabilitation especially in rural areas and rural cardiac rehabilitation, is that we have shown that the Borg scale is usable to determine level of exercise and that this level of exercise leads to an improvement in functional capacity determined by the 6 minute walk test.

We have rewritten the paper in accordance with the recommendations of the reviewers, who had no problem reading it.

In addition this was a rural study where there are not many patients in any one year. The current data was collected over 2 years so it is very difficult to obtain data for cardiac rehabilitation.

We have rewritten the paper and reorganized the content and highlighted the relationship between the Borg scale and 6MWT, which as mentioned in the manuscript are the main ways of determining the level of exercise and measure of outcome respectively. This is true for many of the rural cardiac rehabilitation centers.