



SDI Review Form 1.6

Journal Name:	Journal of Applied Life Sciences International
Manuscript Number:	2015_JALSI_17255
Title of the Manuscript:	Physical Activity Patterns among Medical Students in the Middle East: A Cross-Sectional Study
Type of the Article	Original Research Article

General guideline for Peer Review process:

This journal's peer review policy states that **NO** manuscript should be rejected only on the basis of '**lack of Novelty**', provided the manuscript is scientifically robust and technically sound.

To know the complete guideline for Peer Review process, reviewers are requested to visit this link:

(<http://www.sciencedomain.org/page.php?id=sdi-general-editorial-policy#Peer-Review-Guideline>)



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PART 1: Review Comments

	Reviewer's comment	Author's comment (if agreed with reviewer, correct the manuscript and highlight that part in the manuscript. It is mandatory that authors should write his/her feedback here)
Compulsory REVISION comments	Line 4- to clarify in the title ... the Middle East Abstract To clarify ...in years 1-4... The conclusion of the abstract must be improved. Conclusion is not a repetition of the results. Methods - Line 49- to clarify ...Years 1 to 4 medical students - The authors must include the reference and how the Basic Metabolic Index (BMI) was calculated. Results In Figures, 1, 2, 3, 4 and 5, to include the parameter of the ordinate. Discussion The Discussion section must be improved. The authors are presenting again the results in this section. I suggest comparing their results with other authors. Below, suggestions of references to be used. The authors must include a clear conclusion of the	



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	investigation. Reference The reference section is very poor. It is necessary to add reference to aid to improve the Discussion section. There several errors in the citations. I suggest to delete the reference number 9 or to improve it. I think that the references below would help the authors of this investigation: 1: Anand T, Tanwar S, Kumar R, Meena GS, Ingle GK. Knowledge, attitude, and level of physical activity among medical undergraduate students in Delhi. Indian J Med Sci. 2011 Apr;65(4):133-42 2: Dunlop M, Murray AD. Major limitations in knowledge of physical activity guidelines among UK medical students revealed: implications for the undergraduate medical curriculum. Br J Sports Med. 2013 Jul;47(11):718-20 3: Schmidt S, Rice A, Kolasa K. Teaching by example: educating medical students through a weight management experience. Fam Med. 2013 Sep;45(8):572-5 4: Kötter T, Tautphäus Y, Scherer M, Voltmer E. Health-promoting factors in medical students and students of science, technology, engineering, and	
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	Mathematics: design and baseline results of a comparative longitudinal study. BMC Med Educ. 2014 Jul 4;14:134. doi: 10.1186/1472-6920-14-134. 5: Nacar M, Baykan Z, Cetinkaya F, Arslantas D, Ozer A, Coskun O, Bati H, Karaoglu N, Elmali F, Yilmaze G. Health promoting lifestyle behaviour in medical students: a multicentre study from Turkey. Asian Pac J Cancer Prev. 2014;15(20):8969-74.	
<u>Minor</u> REVISION comments	In Figure 5, to correct ...Pyhisical art	
<u>Optional/General</u> comments	The subject of this work is very important. However, the authors must improve the scientific quality of the investigation.	

Reviewer Details:

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